

## Curriculum vita

Name: Dr. Mansoureh Refaei  
Field of Specialization: Midwifery, Reproductive Health  
Academic degree: Ph.D., Assistant Professor  
Address: Hamadan University of Medical Sciences  
Cell Phone: 00989183116736  
E-mail: mansouhrefaei@yahoo.com

## Education and Academic Qualification

2013-2017	Ph.D (Doctor of Philosophy) in the field of Reproductive Health, Tehran university of medical sciences, Tehran, Iran.
2007-2010	M.Sc (Master of Sciences) in the field of Midwifery, Specialization of Mother and Child Health (MCH), Shahid Beheshti University of medical sciences, Tehran, Iran.
2002-2006	B.Sc (Bachelor degree) in the field of Midwifery, Hamadan university of Medical Sciences, Hamadan, Iran.

## Working Experiences

- Academic member in Hamadan University of Medical Sciences from Sep 2017 to present time.
- Working in Hospital from September 2012- December 2013 as midwife in Delivery room.
- Teaching in Islamic Azad University of Hamadan as part-time lecturer from 2010-2012.
- Academic member in Hamadan University of Medical Sciences as instructor from 2010-2012.

# Publication

## a) Journal Publication

- S Aliabadi, M Jafari, F Kazemi, SZ Masoumi, M Refaei(2025). Perceived Stress and Related Factors in Iranian High-Risk Pregnant Mothers: A Cross-Sectional Study. *Current Womens Health Reviews*, 21(2): E300524230544.
- N Ladoni, M Refaei, F Kazemi, A Tiznobaik, N Radnia (2025). The effect of sexual counseling on self-concept and sexual satisfaction of women with pelvic organ prolapse: A Randomized Clinical Trial Study. *Clinical Epidemiology and Global Health*: 101942.
- A Shayan, M Refaei, H Parsapour, SZ Masoumi, H Ahmadiania,(2025). Comparison of the Effects of Dill Seed, Grape Seed and Date Extracts on Postpartum Hemorrhage Rates in the Fourth Stage of Labor: A Randomized Clinical Trial. *Reviews on Recent Clinical Trials*,20(1):68-78.
- M Refaei, Z Cheraghi, F Soltani, B Khodakarami. Risk Factors Associated with Cervical Cancer: A Matched Case-control Study(2024). *Current Women's Health Reviews*, 20(5)81-87.
- M Refaei, Z Karami, F Kazemi, S Moradkhani, SZ Masoumi, E Jenabi,(2024). Cinnamon potential in alleviating early postmenopause symptoms: a randomized clinical trial. *Menopause*: 10.1097.
- M Karimi, R Bakht, L Tapak, M Refaei, B Basiri. The effect of empowerment counseling on stress and self-esteem of mothers with hospitalized premature infants(2024). *Journal of Reproductive and Infant Psychology*, 42 (2):315-26.
- N Soleimani, M Refaei, F Kazemi. Effect of Continued Midwifery Support in Labor on Childbirth Experience and Self-esteem of Primipara Women: A Randomized Controlled Trial (2024). *Current Women's Health Reviews*, 20(5):9-15.
- A Shayan, M Refaei, SZ Masoumi, H Ahmadiania. Combined Teaching Method in Teaching Basic Clinical Skills to Midwifery Students: A Quasi-Experimental Study(2023). *Journal of Medical Education*. 22(1).

- SH Fahim, F Kazemi, SZ Masoumi, M Refaei (2023). The effect of midwife-oriented breastfeeding counseling on self-efficacy and performance of adolescent mothers: a clinical trial study. *BMC pregnancy and childbirth*. 23 (1):672-82.
  
- Saeideh Sabzeei, Seyedeh Zahra Masoumi, Farideh Kazemi, Mansoureh Refaei, Mohammad Haghighi (2023). The Effect of Couple-centered Counseling on Sexual Self-concept and Sexual Violence in Pregnant Women. *Journal of Holistic Nursing And Midwifery*.33(4)268-277.
  
- F Ahmadi-Motamayel, D Safabakhsh, M Refaei (2023), Iranian Women and Health Care Providers' Perception of Oral Health in Pregnancy: A Qualitative Research. *Iranian Journal of Nursing and Midwifery Research*, 28(2): 155-159.
  
  
- PP Shayan A SM, Kazemi F, Refaei M, Masoumi S, Soltani F, Aqhababaei S (2022). Evaluation of Midwifery Student's Attitude, Performance and Satisfaction from teaching clinical skills with the Video in Hamedan School of Nursing and Midwifery. *Nursing Developement in Health*, 1(1).
  
- Aliabadi, S., Shayan, A., Refaei, M., Tapak, L., & Moradveisi, L. (2022). The effect of individual counseling based on the GATHER principles on perceived stress and empowerment of the mothers with high-risk pregnancies: an experimental study. *BMC psychiatry*, 22(1), 1-7.
  
- Refaei, M., Mardanpour, S., Masoumi, S. Z., & Parsa, P. (2022). Women's experiences in the transition to menopause: a qualitative research. *BMC Women's Health*, 22(1), 1-8.
  
- Jenabi, E., Masoumi, S. Z., Refaei, M., Ladoni, N., & Shafiei, S. (2022). The Association between Maternal COVID-19 and the Rates of Cesarean: A Systematic Review. *Current Women's Health Reviews*, 18(4), 30-34.
  
- Malmir, M., Masoumi, S. Z., Kazemi, F., & Refaei, M. (2022). Effect of Squat Exercises on Fatigue and Quality of Life of Pregnant Women: A Randomized Controlled Trial Study. *Journal of Holistic Nursing And Midwifery*, 32(4), 274-282.

- Karimi, M., Bakht, R., Tapak, L., Refaei, M., & Basiri, B. (2022). The effect of empowerment counseling on stress and self-esteem of mothers with hospitalized premature infants. *Journal of Reproductive and Infant Psychology*, 1-12.
- Soltani, F., Bakht, R., Refaei, M., Hemmati, L., & Aghababaei, S. (2022). Experiences of infected pregnant women during COVID-19 pandemic: A qualitative study from Iran. *International Journal of Fertility and Sterility*.
- Refaei, M., Aghababaei, S., Yazdkhasti, M., Kazemi, F., & Farahmandpour, F. (2022). The Factors Associated with the Length of the Third Stage of Labour: A Descriptive-Analytical Study. *Current Women's Health Reviews*, 18(2), 64-71.
- Yavari, C., Masoumi, S. Z., Kazemi, F., Refaei, M., & Yaghoobi, A. (2021). The Effect of Positive Mental Imagery on Labor Pain Tolerance in Primiparous Women Referred to Atieh Hospital of Hamadan, Iran, 2018: A Randomized Controlled Clinical Trial Study. *Current Women's Health Reviews*, 17(4), 357-364.
- Soleimani, N., Refaei, M., & Kazemi, F. (2021). Effect of Continues Midwifery Support in Labor on the Childbirth Experience and Self-Esteem of Primipara Women: A Randomized Controlled Trial.
- Kazemi, Farideh, et al. "Effect of green tea ointment on perineal pain and wound healing after episiotomy: A randomized double-blind clinical trial." *European Journal of Integrative Medicine* 41 (2021): 101258.
- Sazesh, Shabnam, et al. "Effectiveness of group counseling with a client-centered approach based on the gather principles on sexual satisfaction in women with multiple sclerosis: A randomized clinical trial." *Iranian Journal of Medical Sciences* 46.2 (2021): 103.
- Mardanpour, Soraya, et al. "Midwifery-oriented group counseling based on the GATHER approach on quality of life of women during the transition to menopause: a randomized controlled trial." *Menopause* 28.11 (2021): 1247-1253.
- Aghababaei, Soodabeh, et al. "Perceived risk and protective behaviors regarding COVID-19 among Iranian pregnant women." *Middle East Fertility Society Journal* 25.1 (2020): 1-9.
- Refaei, M., Kazemi, F., Bakht, R., Hosseini, M., & Mardanpour, S. (2021). Correlations of Body Mass Index, Quality of Life, and Severity of Menopausal Symptoms in Women During the Transition to Menopause. *Journal of Kermanshah University of Medical Sciences*, 25(2).
- Aghababaei, S., Heshmatian, T., Roshanaei, G., Rohani Mahmoodabadi, S. M., & Refaei, M. (2021). Sexual Function and Related Factors in Lactating Women with Decreased Sexual Desire referred to Sonqor Health Centers in 2018. *The Iranian Journal of Obstetrics, Gynecology and Infertility*, 24(2), 23-32.

- Refaei, M., Kazemi, F., Bakht, R., Mardanpour, S., & Hoseini, M. The effect of group counseling on the severity of menopausal symptoms in perimenopausal period: A clinical trial. *Journal of hayat*, 371-383.
- Aghababaei, S., Bashirian, S., Soltanian, A., Refaei, M., Omid, T., Ghelichkhani, S., & Soltani, F. (2020). Perceived risk and protective behaviors regarding COVID-19 among Iranian pregnant women. *Middle East Fertility Society Journal*, 25(1), 1-9.
- Aghababaei, S., Refaei, M., Roshanaei, G., Rouhani Mahmoodabadi, S. M., & Heshmatian, T. (2020). The Effect of Sexual Health Counseling Based on REDI Model on Sexual Function of Lactating Women with Decreased Sexual Desire. *Breastfeeding Medicine*, 15(11), 731-738.
- Khodakarami, B., Refaei, M., Faradmali, J., & Uraki, H. (2020). Evaluation of school based educational intervention to improve knowledge and attitude of adolescent girls about puberty health. *Current Women's Health Reviews*, 16(4), 341-347.
- Refaei, M., Khakbazan, Z., & Dehghan Nayeri, N. (2020). Regular Cervical Cancer Screening for Iranian Women: Facilitators and Barriers. *Journal of Qualitative Research in Health Sciences*, 9(2), 155-165.
- M Refaei, H Ahmadini, SZ Masoumi, A Shayan (2020). Designing and Executing a Checklist for Evaluating Midwifery Students' Practical Skills. *Iranian Journal of Nursing and Midwifery Research* 25 (4), 356-358.
- Mansoureh Refaei, Soodabeh Aghababaei, Mansoureh Yazdkhasti (2020). Socioeconomic Consequences of Cervical Cancer: A Narrative Review. *Current Women`s Health Reviews*. 16(3).194-200.
- Arezoo Shayan, Hadis Sourinezhad, Fariba Barzegar, Hassan Ahmadinia, Zahra Masoomi, Shirin Moradkhani, Mansoureh Refaei\*. (2020). The Effect of Olive Oil and Honey Combination on Episiotomy Wound Healing and Pain Relief: A Randomized Clinical Trial. *Current Women`s Health Reviews* 16 (2), 145-151
- Arezoo Shayan, Mansoureh Refaei, Farkhondeh Jamshidi\* (2020). Investigating the Effect of Cognitive-behavioral Stress Management on Occupational Performance among Women with Breast Cancer. *Current Women`s Health Reviews* 16 (2), 152-159.
- A Shayan, H Sourinejad, M Refaei, SZ Masoumi, L Tapak, F Soltani (2019). Predictors of Preeclampsia Based on a 10-Year Case-Control Study. *Journal of Family & Reproductive Health* 13 (1), 14.
- Aghababaei, S., Soltanian, A. R., Sharifi, S., Torkzaban, E., & Refaei, M. (2019). Investigating the factors related to severity of nausea and vomiting during Pregnancy and how

it is controlled by pregnant Women in Hamadan, 2014. *The Iranian Journal of Obstetrics, Gynecology and Infertility*, 21(11), 23-31.

- Mashak B, Hashemnejad M, Kabir K, Refaei M, Esmaelzadeh S.(2019), The Effect of Ginger on Preventing Post-spinal Puncture Headache in Patients Undergoing Cesarean Section. *International Journal of Women's Health and Reproduction Sciences*. 7(2), 204– 210.

- Yavari, C., Masoumi, S. Z., Kazemi, F., Refaei, M., & Yaghoobi, A. (2019). The effect of positive mental imagery on labor pain tolerance in primiparous women referred to atieh teaching-medical center of Hamadan, Iran, 2018.

- Refaei M, Nayeri ND, Khakbazan Z, Yazdkhasti M, Shayan A. Exploring Effective Contextual Factors for Regular Cervical Cancer Screening in Iranian Women: A Qualitative Study. *Asian Pacific journal of cancer prevention: APJCP*. 2018;19(2):533.

- Refaei, M., Nayeri, N. D., Khakbazan, Z., & Pakgozar, M. (2017). Cervical Cancer Screening in Iranian Women: Healthcare Practitioner Perceptions and Views. *Asian Pacific journal of cancer prevention: APJCP*, 18(2), 357.

- Soodabeh Aghababaei (PhD), Ali Reza Soltanian (PhD), Shokofeh Sharifi (B.S), Elnaz Torkzaban (B.S), Nahid Mohammadi (M.Sc), Mansoureh Refaei (PhD)\*, Fatemeh Shobeiri (PhD)\*. (2017). Assessment the intencity and management of pregnancy nausea and vomiting . *Indo American Journal of Pharmaceutical Sciences*, 04(11), 4298–4304.

- Refaei, M., Aghababaei, S., Pourreza, A., & Masoumi, S. Z. (2016). Socioeconomic and Reproductive Health Outcomes of Female Genital Mutilation. *Archives of Iranian Medicine (AIM)*, 19(11).

- Tiznobeik A., Refaie M\*., & Soltanian A. (2013). Knowledge, attitude and practice of nursing and midwifery students toward post exposure prophylaxis for HIV infection. *Sci J Iran Blood Transfus Organ*, 10(3): 305-311.

- Nazari, N., Ahmadi, M., Mazani, M., Majd, H. A., & Refaei, M. (2012). The diagnostic value of the lactate level in the vaginal fluid for determining the premature rupture of membranes. *HealthMED*, 3961.

- Refaei, M., Doolabi, M. A., Majd, H. A., & Mohammadi, G. (2012). Prediction of birth weight base on maternal characteristics: A descriptive-correlation study. *HealthMED*, 3973.

## b) Books:

- Ethical considerations and professional errors in midwifery. Mahbobeh Ahmadi, Mansoureh Refaei, Arjan, Tehran, 2019.
- Familiarization with the methods of inducing and strengthening labor .Mansoureh Refaei et al. Sabzevar University of Medical Sciences, Khorasan. 2020.
- History, ethics, laws and rights in midwifery .Mahbobeh Ahmadi, Mansoureh Refaei,, Masoomeh Tajic. Golban, Tehran 2024.
- Family health, Mojgan Mirghaforvand, Mansoureh Refaei et al. Jamenegar, Tehran 2025.
- Menopause (Menopause (Managing the Challenges) .Seyedeh Zahra Masoumi, Mansoureh Refaei et al. Dayan, Tehran 2025.

### **Congress Presentations**

- self-esteem in mothers with hospitalized preterm infants and term infants in the intensive care unit. 15 International congress on new findings in midwifery, women, maternity and infertility. Tbilisi. Georgia. 15 March 2025.
- Quality of life and severity of symptoms during the transition to menopause in Iranian women. Tbilisi. Georgia. 28 October 2020.
- The relationship between coping strategies and perceived stress in infertile couples undergoing in vitro fertilization (IVF) treatment: a cross-sectional study. The First International Nursing and Midwifery Student Congress of Avicenna .Hamedan. Iran. 14-15 November 2024.
- Studying the effect of self-care counseling on the quality of life of pregnant adolescents. The First International Nursing and Midwifery Student Congress of Avicenna .Hamedan. Iran. 14-15 November 2024.
- Socioeconomic consequences of cervical cancer. 15 International congress on obstetrics and gynecology. Tehran. Iran. 8-11 October 2019.
- Exploring effective contextual factors for regular cervical cancer screening in Iranian women: A qualitative study. 15 International congress on obstetrics and gynecology. Tehran. Iran. 8-11 October 2019.
- Explaining the factors and barriers affecting regular screening of cervical cancer in women, a qualitative study. 2nd Debatable topics on gynecology, obstetric and infertility. 2018. Tehran.

- Cervical cancer screening in Iranian women: healthcare practitioners' perceptions and views. cancer prevention & early detection integration of research & action. Tehran 28-30 January 2017.

## Professional Awards:

Top midwifery student of Hamadan University of Medical Sciences in 2004

Top student of midwifery graduates in 2005

Second person in the master's entrance exam in 2006

Top student of Master of Midwifery graduate in 2008

Top midwifery instructor of Hamadan University of Medical Sciences in 2009.

Third person in the doctoral entrance exam in 2012

Top national educational midwife in 2019

Top professor of Hamadan University of Medical Sciences 2020.

the best academic process in Shahid Motahari Festival 2021

Top Researcher of Hamadan University of Medical Sciences 2022.

Top Director of the Education Department at the Faculty of Nursing and Midwifery 2022.

Top national educational midwife in of Iran in 2024.

Top Provincial midwife Hamadan University of Medical Sciences 2024.

Top Professor Advisor Hamadan University of Medical Sciences 2025.

## Journal Editorial Board :

The editorial board member of Avicenna Journal of Nursing and Midwifery Care 2019 to present.

## Professional Organization Membership:

Head of Mother and Child Department

Member of Maternal and Child Care Research Center

Member of the Student Clinical Skills Promotion Committee

Member of the Educational Council of the School of Nursing and Midwifery

Deputy of Midwifery, School of Nursing and Midwifery

Member of the Student Research Committee

### Proposals

	<b>Topic</b>	<b>Funding Organization</b>	<b>Start Date (YY/MM/DD)</b>	<b>End Date (YY/MM/DD)</b>
1	Prediction of birth weight base on mother and pregnancy characteristics	Shahid beheshti university of medical sciences	2008.3.3	2009.4.1
2	Knowledge, attitude and practice of nursing and midwifery students toward post exposure prophylaxis for HIV infection	Hamadan university of medical sciences	2010.9.21	2011.4.30
3	Explaining the process of regular cervical cancer screening behavior, designing a model	Tehran university of medical sciences	2014.3.3	2017.4.26
4	Evaluating the effect of combination of olive and honey cream on prineal healing and pain intensity of episiotomy, in Primiparous women referred to Fatemieh Hospital in Hamadan 2017.	Hamadan university of medical sciences	2017.12.4	2019.1.5
5	Design and implementation of OSCE exam assessment checklist for midwifery procedures and comparison of its effectiveness with routine evaluation method and existed checklist	Hamadan university of medical sciences	2017.2.2	2019.5.4
6	The prediction of the duration of the third stage of delivery based on	Hamadan university of	2018	2020.4.1

	maternal and obstetric characteristics in women delivered at Fatemieh Hospital of Hamadan in 1397.	medical sciences		
7	The comparison of oral sugar solution and fetal manual palpation on fetal Non Stress Test Index	Hamadan university of medical sciences	2018	2020.3.3
8	The Effect of Green Tea Ointment on Episiotomy Wound Healing and Pain in Pregnant Women in Hamadan Fatemieh Hospital	Hamadan university of medical sciences	2018	2020.4.20
9	Evaluation of the Effect of Vaginal Capsule on Cervix Preparation and Outcomes in Primiparous Women Referred to Fatemieh Hospital, Hamedan	Hamadan university of medical sciences	2018	2020.4.22
10	The Effect of Positive Mental Imaging on Labor Pain Tolerance in Primiparous Women Referred to Atieh Hospital of Hamadan	Hamadan university of medical sciences	2017	2019.5.7
11	The effect of counseling on sexual function of lactating women with sexual dysfunction referred to comprehensive health centers	Hamadan university of medical sciences	2017	2020.4.28
12	The effect of counseling for positive mental imaging on labor pain tolerance in primipara women referring to Fatemiyeh Hospital in Hamedan, 1397(Thesis)	Hamadan university of medical sciences	2018	2021
13	Evaluation of cervical cancer risk factors in women in Hamadan province: A case-control study	Hamadan university of medical sciences	2019	2020
14	Explaining the compatibility with pregnancy nausea and vomiting in first adolescent pregnant women	Hamadan university of medical sciences	2019	-

15	Explaining women's experiences in dealing with pre-menopausal symptoms	Hamadan university of medical sciences	2019	2021
16	Explaining the Perception of Health Care Providers and Pregnant Women of Oral Health During Pregnancy	Hamadan university of medical sciences	2019	2022
17	The Effect of Using Video Footage of Midwifery Clinical Skills Principles on the Performance of Midwifery Students of Hamadan University of Medical Sciences	Hamadan university of medical sciences	2019	2022
18	The experience of childbirth in primiparous women and its related factors	Hamadan university of medical sciences	2019	2022
19	Comparison the Effect of Three Methods of Treating Dill ,Grape Seed ,Date(Rutab) extract, on Postpartum Hemorrhage in fourth stage of labor among pregnant women referred to Fatemiyeh hospital in Hamadan,2019	Hamadan university of medical sciences	2019	2022
20	The Effect of Squat Sport Training on Fatigue and Quality of Life in Pregnant Women Referring to Hamedan Health Centers. (Thesis)	Hamadan university of medical sciences	2019	2021
21	The effect of group counseling on quality of life during the transition to menopause in women referring to health comprehensive centers in Javanrud 2019(Thesis)	Hamadan university of medical sciences	2019	2021
22	Factors affecting neonatal jaundice in newborns hospitalized at Fatemiyeh of Hospital in Hamadan: a case - control study	Hamadan university of medical sciences	2019	2022
23	The effect of family-centered empowerment education model on	Hamadan university of	2020	-

	quality of life of menopausal women with stroke and their caregivers	medical sciences		
24	Assessing the level of knowledge, risk perception and preventive behaviors related to COVID-19 disease in pregnant women referring to Hamadan Health Centers in 2020	Hamadan university of medical sciences	2020	2022
25	The experiences of improved pregnant women with covid-19 disease regarding pregnancy concerns	Hamadan university of medical sciences	2020	2022
26	The challenges of clinical education of nursing and midwifery management course and strategies to improve its quality: a qualitative study	Hamadan university of medical sciences	2020	-
27	The effect of couple-centered counseling on sexual self-concept and sexual violence in pregnant women referring to the comprehensive health centers of Hamadan in 1399(Thesis)	Hamadan university of medical sciences	2020	2021
28	The effect of midwife's continues support in labor on the childbirth experience and self-esteem of primipara women(Thesis)	Hamadan university of medical sciences	2020	2022
29	The effect of counseling with empowerment approach on stress and self-esteem of mothers with premature hospitalized neonates in the neonatal Intensive Care Unit in Hamadan Fatemiye Hospital 2020. (Thesis)	Hamadan university of medical sciences	2020	2022
30	A survey of self-esteem in mothers with premature babies and full-term babies hospitalized in the intensive care unit of Fatemieh Hamadan Hospital in 1400	Hamadan university of medical sciences	2022	2022
31	he effect of cinnamon capsules on the severity of menopause symptoms in women covered by comprehensive health centers in Hamedan in 1400		2022	2022

32	The relationship between the covid-19 virus and the risk of cesarean delivery: a systematic review and meta-analysis		2022	2022
33	Comparison of maternal and neonatal outcomes in different trimesters of pregnancy in women with and without corona virus referring to the comprehensive health centers of Hamedan city in 2019		2022	2022
34	Investigating perceived stress and its related factors in high-risk pregnant mothers referring to comprehensive health centers in Hamedan		2022	2022
35	The effect of midwife-oriented counseling on the ability and perceived stress of mothers with high-risk pregnancies hospitalized in Fatemieh Medical Training Center in Hamadan in 2019. (Thesis)			
36	The effect of pre-birth breastfeeding preparation counseling on breastfeeding efficiency and performance in first-time pregnant adolescents referring to comprehensive health centers in Hamedan city in 1400. (Thesis)			
37	Investigating the effect of sexual counseling on self-concept and sexual satisfaction of women with pelvic organ prolapse in Fatemieh Medical Training Center, Hamadan 1401. (Thesis)			
38	Investigating the effect of self-care counseling on the quality of life of pregnant teenagers referring to health centers in Darghazin city in 1401. (Thesis)			
39	Relationship between sexual self-concept and reproductive self-concept with sexual performance in circumcised and uncircumcised married women in Kamiyaran city in 1401. (Thesis)			

40	The effect of online couple counseling on premenstrual syndrome and marital satisfaction in the patients of comprehensive health centers in Hamedan 1401. (Thesis)			
41	Investigating the effect of foot reflexology in the third and fourth stages of labor on postpartum bleeding and postpartum pain: a randomized clinical trial study		2022	-
42	Electromagnetic radiation and infertility: a systematic review study	Hamadan university of medical sciences	2022	-
43	Finding and explaining factors related to abortion in Hamadan province: a combined study	Hamadan university of medical sciences	2022	-