

Elnaz Khayer, Ph.D.

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ACADEMIC POSITIONS

- 2021-2024** **Clinical Instructor**, Department of Reproductive Health and Midwifery, Tehran University of Medical Sciences Teaching specialized courses for undergraduate and postgraduate midwifery students, conducted simultaneously with PhD studies.
- 2014-2020** **Faculty Member**, Department of Midwifery, Estahban Azad University, Estahban, Fars, Iran. Teaching specialized courses for undergraduate midwifery students.

EDUCATION

- 2021-2024** **Ph.D. in Reproductive Health**
Tehran University of Medical Sciences, Tehran, Iran
Top Graduate of Tehran University of Medical Sciences.
- 2012-2015** **M.Sc. in Mother & Child Health**
Shiraz University of Medical Sciences, Shiraz, Iran
- 2006-2010** **B.Sc. in Midwifery**
Shiraz University of Medical Sciences, Shiraz, Iran

PUBLICATION

Articles

1. **Khayer E**, Zarei R, Bóthe B, Farnam F. Lifetime Prevalence of Non-Partner Sexual Violence and Subtypes: A Gender-Specific Nationwide Controlled Cross-Sectional Study in Iran (submitted).
2. Zarei R, **Khayer E**, Vaillancourt-Morel MP, Hashemzadeh M, Farnam F. Online Sex Education Based on the Good Enough Sex Model on Newlywed Couples: A Protocol for Randomized Controlled Clinical Trial Comparing Male Partner Involvement. *Sexuality Research and Social Policy*. 2025 Jan 29:1-7.
3. Farnam F, **Khayer E**, Zarei R. An overview of the dimensions of women's dignity during pregnancy and childbirth in the clinical environment. "Faşlnāmah-i akhlāq-i pizishkī." (Persian).

4. **Khayer E**, Zarei R, Damghanian M, Bóthe B, Farnam F. Exploring the Occurrence of Compulsive Sexual Behavior Disorder and Examining Sexual and Psychological Characteristics among Iranian Married Men: A Comprehensive National Study. *Sexual Health & Compulsivity*. 2024 May 30.
5. **Khayer E**, Zarei R, Damghanian M, Bóthe B, Farnam F. Compulsive sexual behaviour in Iranian married women: Prevalence, sociodemographic, sexual, and psychological predictors across-country. *Journal of Behavioral Addictions*. 2024 Mar 29.
6. **Khayer E**, Rad M, Bóthe B, Farnam F. Psychometric properties of the Persian version of the Compulsive Sexual Behavior Disorder Scale (CSBD-19). *Sexual Health & Compulsivity*. 2023 Mar 7:1-5.
7. Ehrampoush MH, Tabei SZ, Mahmoodabad SS, Fallahzadeh H, Nami M, **Khayer E**, Ghaemi SZ, Matin M, Sedighe F. A study of comparing two cognitive-behavioral workshops for college students: Sleep, wakefulness program and perseverance program. *Journal of family medicine and primary care*. 2019 Mar;8(3):1222.
8. Krouni A, Forouhari S, Akbarzadeh M, Dabbaghmanesh MH, Jowkar F, Salehi M, ALIAN FM, **Khayer E**. Effect of High Fibre, Low-Calorie Balanced Diet in Obese Women with Hirsutism: A Randomised Clinical Trail. *Journal of Clinical & Diagnostic Research*. 2018 Jun 1;12(6).
9. **Khayer E**, Forouhari S, Jahromi BN, Jokar A, Vizeshfah F, Sayadi M, Ranjbar N. Update The Sterilizing Techniques And The Knowledge And Performance Of Family Planning Staff. *RESEARCH JOURNAL OF PHARMACEUTICAL BIOLOGICAL AND CHEMICAL SCIENCES*. 2015 May 1;6(3):1828-32.
10. Rouzitalab T, Forouhari S, Ghaemi SZ, Roudsari RL, Jolaie H, Parsanezhad ME, Roshandel A, Rostambeigy P, Shirazi FM, **Khayer E**. Fertility Regulation and IUD: Modification of IUD Insertion Technique with Modified Disposable Kits. 2014Feb; 128(1):25-30.

Book

1. **Title:** Girl's Health During Puberty (Persian), 2019.

Conference presentation- Oral presentation

1. International Conference in Georgia, The Third International Conference on New Advances in Midwifery, Women's Health, Obstetrics, and Fertility. An investigation into the impact of a low-calorie high-fiber diet on certain factors related to hirsutism in overweight or obese women affected by hirsutism.
2. International Conference in Iran, The Seventeenth International Congress on Addiction Science (2025). Prevalence and Determinants of Compulsive Sexual Behaviour Disorder Among Heterosexual Married Iranians: A Nationwide Controlled Cross-Sectional Study.

Conference presentation- Poster presentation

1. The Seventeenth International Congress on Addiction Science (2025). Exploring the Occurrence of Compulsive Sexual Behavior Disorder and Examining Sexual and Psychological Characteristics among Iranian Married Men: A Comprehensive National Study.
2. The Seventeenth International Congress on Addiction Science (2025). Compulsive sexual behaviour in Iranian married women: Prevalence, sociodemographic, sexual, and psychological predictors across-country.
3. The Seventeenth International Congress on Addiction Science (2025). Psychometric properties of the Persian version of the Compulsive Sexual Behavior Disorder Scale (CSBD-19).
4. The 1st International Congress on Sustainable Population and Secure Future and The 2nd Festival of Art in Midwifery (2023). Comprehensive Overview of the Impact of Artificial Intelligence Technology (AI) on the Youth Population: Challenges and Prospects for Fertility.
5. The 1st International Congress on Sustainable Population and Secure Future and the 2nd Festival of Art in Midwifery (2023). A review of Population Growth and the Sustainability Issue: Examining Reproductive Rights and Gender Roles.
6. The 1st International Congress on Sustainable Population and Secure Future and The 2nd Festival of Art in Midwifery (2023). A Review of the Role of Social Factors in Gender-Related Fertility Decisions.
7. The 1st International Congress on Sustainable Population and Secure Future and The 2nd Festival of Art in Midwifery (2023). Analysis of Challenges and Prospects of Population Sustainability and Reproductive Rights in Iran.
8. 1st International Health Literacy Congress (2023), The Importance of Education and Promotion of Health Literacy and Media Literacy Among Adolescents in Acquiring Accurate Health Information from Media and Social Networks.
9. 2nd Congress of Ethics in Midwifery and Reproductive Health with a Focus on Maternal Dignity (2023), Women's Dignity in the Reproductive Cycle with an Emphasis on Preserving Dignity in the Three Dimensions of Environment, Care Providers, and Diagnosis and Treatment.
10. 4th International Congress on Holy Prophet Mohammad's Tradition (Sireye Nabavi) in Medicine (2018), Spiritual Well-Being and Quality of Life in Infertile Women .

11. 4th International Congress on Holy Prophet Mohammad's Tradition (Sireye Nabavi) in Medicine (2018), Spiritual Well-Being and Quality of Life in Cancer Patients .
12. 4th International Congress on Holy Prophet Mohammad's Tradition (Sireye Nabavi) in Medicine (2018), Investigating the Relationship Between Religious and Spiritual Health and the Quality of Life of the Elderly .

RESEARC PROJECTS

Completed Research Projects

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| 2023-2024 | Comparison of the factors related to having children in single mothers with multiple children in the centres covered by Tehran University of Medical Sciences in 2023. |
| 2022-2024 | Prevalence and Factors Associated with Compulsive Sexual Behaviour Disorder: An Exploratory Study Investigating the Causes and Consequences of this Disorder - A Mixed-Methods Approach(PhD Dissertation Title). |
| 2020-2024 | Evaluation of the relationship between the hormone profile, with the success or failure of IVF in women referred to the infertility center of Hazrat Zeinab (PBUH) and Shiraz Mother and Child Hospital (2020). |
| 2023-2025 | The relationship between Compulsive Sexual Behaviour Disorder and Sexual Avoidance Disorder with Sexual abuse: A Control Cross-Sectional study. |
| 2023-2025 | Effect of sexual counselling based on the good enough sex (GES) model on the sexual health and reproductive behaviour of female students in the early years of marriage. |

Ongoing Research Projects

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| 2025-Pre | The Association Between Non-Contac Non-Partner Sexual Violence and Women's Sexual, Psychological, and Social Health Factors: A Cross-Sectional Study with a Control Group |
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SUPERVISORY EXPERIENCE

2023-Pres Rezvan Zare MSc student, TUMS

2023-2024 Manizhe Hamdollahzade MSc student, TUMS

RESEARCH EXPERIENCE

1. Compulsive Sexual Behaviour Disorder
2. Couple Relationships
3. Sexual Abuse
4. Sexual Avoidance