

## Curriculum Vitae

**Name:** Hajar

**Surname:** Najafi

**Address:** Community Health Nursing Dept. Nursing and Midwifery School,  
Hamadan University of Medical Sciences, Hamadan, Iran.

**Nationality:** Iranian

**Email:** ha.najafi@umsha.ac.ir

**Present position:** Instructor, Hamadan University of Medical Sciences

### **Education:**

- 1- M.Sc: Community Health Nursing, Hamadan University of Medical Sciences, Hamadan, Iran.
- 2- B.Sc: Nursing, Hamadan University of Medical Sciences, Hamadan, Iran.

### **Thesis:**

Effect of home care program implementation on Treatment compliance and self-efficacy in Patients with Type 2 Diabetes Referred to Diabetes Research Center in Hamadan in 2018.

### **Approved Research Project:**

Effect of home care program implementation on self-care Patients with Type 2 Diabetes Referred to Diabetes Research Center in Hamadan in 2019.

### **Project in progress:**

Investigating the relationship between adherence to self-care and quality of life in diabetic patients in Hamadan.

### **Article Published In Journal:**

Effect of Home Care Program on Therapeutic Adherence of Patients with Type 2 Diabetes.

**Work Experience:**

- 1- Specialist in postgraduate education at the Faculty of Nursing and Midwifery 2016-2018
- 2- The nurse of the Besat Educational and Therapeutic Center 2018
- 2- Expert (responsible) for graduate education at the Faculty of Nursing and Midwifery 2022-2023
- 3- Member of the Research Accreditation Committee of the Faculty of Nursing and Midwifery for two years, 2015-2017
- 4- A member of the accreditation committee of an institution in 2023
- 5- Member of the Research and Technology Committee of the Faculty of Nursing and Midwifery 2023
- 6- Teaching more than twenty internship units at the graduate level

**Seminars and congresses:**

<b>Congress</b>	<b>Title</b>	<b>Date &amp; Presentation type</b>
The fifth Congress of Rafsanjan	Investigating the relationship between self-care and spontaneous attendance of heart failure patients referred to Farshchian Heart Hospital in Hamedan in 2016.	2018-poster
The second Avicenna Research and Technology Student Congress	Investigating the effect of telephone follow-up after discharge on the frequency of re-hospitalization in patients with ischemic heart disease - a systematic review	2019-poster
The third research congress of students of Hormozgan University of Medical Sciences	The effect of using a home care program on the treatment compliance of patients with type 2 diabetes	2020-poster
The 15th conference of	Investigating the relationship between self-efficacy and self-control in heart	2020-poster

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students of medical sciences universities in the east of the country	failure patients referred to Farshchian Heart Hospital in Hamedan.	
The 5th National Information Technology and Health Promotion Conference	Remote home nursing in the control of type 2 diabetes: a review	2020-poster
The 22nd Student Congress and the 8th International Student Congress of Medical Sciences Universities of the country	The effect of home care program on self-efficacy in patients with type 2 diabetes	2020-2021-poster
The 23rd Student Congress and the 9th International Student Congress of Medical Sciences Universities of the country	Effect of home care program on self-care of Patients with type2 diabetes	2021-2022-poster
The 6Th INTERNATIONAL CONGRESS ON BIOMEDICINE	Biosensors to detect graphene-based cholesterol	2022-poster

### **Praise And Encouragement:**

The best Undergraduate Student in 2013

The best graduate of the master's degree in 2018-2019

The second academic rank in the 26th Hodhod Quranic Festival in the field of prayer

3rd academic rank in the 27th Hodhod Quranic Festival in the field of prayer

Member of the university's brilliant talent center