

## Curriculum Vitae

Updated in: 03/11/2023

### Personal Information

**Name:** Sahar

**Surname:** Khoshravesh

**Sex:** Female

**Birth date:** 21 Oct 1986

**Nationality:** Iranian

**Birthplace:** Kermanshah-Iran

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**Current Position:** Ph.D. of Health Education & Health Promotion

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### Scientific References

- h. Index: 5 (<https://www.scopus.com/authid/detail.uri?authorId=56423707800>)
  - ORCID: 0000-0003-1629-1386 (<https://orcid.org/0000-0003-1629-1386>)
  - Google Scholar:  
(<https://scholar.google.com/citations?user=S5IAq1EAAAAJ&hl=en&oi=sra>)
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### Education

- 2016-2020 Ph.D. in Health Education & Health promotion, Hamadan University of Medical Sciences, Hamadan, Iran.
- 2013-2015 M.Sc. in Health Education & Health promotion, Kurdistan University of Medical Sciences, Sanandaj, Iran.
- 2005-2009 BSc in Nursing, School of Nursing and Midwifery, Kurdistan University of Medical Sciences, Kurdistan, Iran.

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## **Thesis**

- **Ph.D. thesis:** Design, implementation and evaluation of an interventional program in governmental and non-governmental institutions of Hamadan to increase volunteers of organ donation.
- **M.Sc. thesis:** The effect of interaction between family history of breast cancer and risk perception on repetition of mammography.

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## **Teaching Experiences**

- Internship in field (public health students, Nursing students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Ethics in nursing (Nursing students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Environmental health in nursing (Nursing students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Research method in nursing (Nursing students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Community health nursing -vulnerable groups- (MSc of Nursing students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Reproductive health (public health students, Hamadan University of Medical Sciences, Hamadan, Iran)
- General Health Services (MD students, Hamadan University of Medical Sciences, Hamadan, Iran)
- First aid (public health students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Epidemiology of common diseases (public health students, Hamadan University of Medical Sciences, Hamadan, Iran)
- Maternal and child health (public health students, Hamadan University of Medical Sciences, Hamadan, Iran)

- Internship in the field (public health students, Hamadan University of Medical Sciences, Hamadan, Iran)
  - Health / Environmental Protection (Educational Sciences students, Farhangian University, Sanandaj, Iran).
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### **Teaching in Workshops**

- The principles of Peer Review & Critical Appraisal Workshop, Hamadan University of Medical Sciences, Hamadan, Iran- 2019.
  - Poliomyelitis workshop, Hamadan University of Medical Sciences, Hamadan, Iran- 2019.
  - Search in electronic resources Workshop, Hamadan University of Medical Sciences, Hamadan, Iran (2016-2019, Eight workshops).
  - End Note Workshop, Hamadan University of Medical Sciences, Hamadan, Iran- 2017.
  - Proposal writing Workshop, Hamadan University of Medical Sciences, Hamadan, Iran (2016&2017, three workshops).
  - Breast cancer Workshop, Kurdistan university of medical sciences, Sanandaj, Iran- 2015.
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### **Workshops Attended**

- Webinar of Translating evidence for optimal health policy making, Kurdistan University of Medical Sciences, Kurdistan, Iran-2022.
- Webinar of War and its consequences, Kurdistan University of Medical Sciences, Kurdistan, Iran-2022.
- Webinar of Social participation, Hamadan University of Medical Sciences, Hamadan, Iran-2022.
- Webinar of Peer Review & Critical Appraisal, National Nutrition & Food Technology Research Institute Shahid Beheshti Medical University, Tehran, Iran-2022.

- Webinar of Translating evidence for optimal health policy making, Kurdistan University of Medical Sciences, Kurdistan, Iran-2022.
- Webinar of introduction to Brucellosis, Hamadan University of Medical Sciences, Hamadan, Iran-2021.
- psychometric testing in Health Sciences, Hamadan University of Medical Sciences, Hamadan, Iran- 2018.
- National Workshops on Peer Review & Critical Appraisal in eighteenth and nineteenth Annual Research Congress of Medical Sciences Students, Tehran, Iran-(2017&2018).
- Essay Writing, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- Systematic review principles, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- Modeling Structural Equation (SEM), Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- Poster design, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- Writing and publishing scientific papers, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- Office Word professional application, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
- The principles of Peer Review, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Sampling, randomization and sample size principles, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Advanced search for systematic studies, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Endnote software, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Teaching methods and techniques, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Basic electronic search, Hamadan University of Medical Sciences, Hamadan, Iran-2016.

- Basic Excel, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Mendeley software, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- statistical analysis of research data, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Search in Electronic Resources, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Qualitative research methods, Hamadan University of Medical Sciences, Hamadan, Iran-2016.
- Basic and advance SPSS, Kurdistan University of Medical Sciences, Kurdistan, Iran-2013.
- Essay Writing, Kurdistan University of Medical Sciences, Kurdistan, Iran-2013.
- strategy of publishing papers, Kurdistan University of Medical Sciences, Kurdistan, Iran-2013.

### **Published Papers**

- Khalili S, **Khoshravesh S**, Barati M, Mahjoub H, Faradmali J. Androgenic-anabolic steroids use among bodybuilders in western Iran: application of ridge logistic regression model. *BMC sports science, medicine and rehabilitation*. 2023; 15 (1):1-7.
- Bashirian S, **Khoshravesh S**, Ayubi E, Karimi-Shahanjarini A, Shirahmadi S, Faghieh Solaymani P. The impact of health education interventions on oral health promotion among older people: a systematic review. *BMC geriatrics*. 2023;23 (1): 548.
- Roshanaei GH, **Khoshravesh S**, Abdolmaleki S, Bathaei T, Farzian M, Saatian MR. Epidemiological pattern of trauma patients based on the mechanisms of trauma: trends of a regional trauma center in Midwest of Iran. *BMC emergency medicine*. 2022;22 (1):201.
- **Khoshravesh S**, Afshari M, Rostami-Moez M, Zahra Taheri-Kharameh Z, Nouri R. A systematic review of interventions to reduce intimate partner violence in women. *Violence and gender*. 2022;9(3): 115-126.

- **Khoshravesh S**, Karimi-Shahanjarini A, Poorolajal J, Barati M, Bashirian S, Hamidi M, et al. Evaluation of a workplace organ donation intervention: A randomized controlled trial. *Journal of Community & Applied Social Psychology*. 2022;32(4): 608-622.
- Roshanaei G, Abdolmaleki S, Saatian M, Farzian M, Bathaei T, **Khoshravesh S**. Factors affecting hospital length of stay in trauma patients before and during the COVID-19 pandemic: A regional trauma center in Iran. *Archives of Trauma Research*. 2021;10(4): 221-226.
- **Khoshravesh S**, Karimi-Shahanjarini A, Poorolajal J, Bashirian S, Barati M, Hamidi M, et al. Do Spiritual Well-Being and Demographic Characteristics Influence the Decision on Being an Organ Donor? *Journal of Education and Community Health*. 2021;8(4):259-63.
- Barati M, Askari M, Torkaman R, **Khoshravesh S**. Evaluation of the quality of life and its related factors among infertile couples. *Journal of Research in Urology*. 2021;5(2):48-55.
- Fallahi A, Taymoori P, Aslibeigi F, **Khoshravesh S**. The Pap Smear Test Experience of Iranian Women: A Qualitative Study. *Journal of Education and Community Health*. 2021;8(4):291-7.
- Afshari M, Karimi-Shahanjarini A, **Khoshravesh S**, Besharati F. Effectiveness of interventions to promote pesticide safety and reduce pesticide exposure in agricultural health studies: A systematic review. *PloS one*. 2021;16(1):e0245766.
- Ahmadi MA, Moradi G, **Khoshravesh S**, Roshani D, Qaderi N, Amjadian M. The determinants of methadone maintenance treatment in opioids dependence users: A survival analysis study. *Medical Journal of the Islamic Republic of Iran*. 2020;34:149.
- **Khoshravesh S**, Karimi-Shahanjarini A, Poorolajal J, Bashirian S, Barati M, Hamidi M. Socio-cultural factors contributing to being an organ donor in a religious context. *International Quarterly of Community Health Education*. 2020.

- **Khoshravesh S**, Karimi-Shahanjarini A, Poorolajal J, Barati M, Bashirian S, Hamidi M, et al. Development and psychometric testing of the signed donor card (SDC) scale in an Islamic society. *Health Communication*. 2020;36(8):1029-38.
- Noori R, Pashaei T, Panjvini S, **Khoshravesh S**. Treatment needs of drug users: The perspective of Iranian women. *Journal of Substance Use*. 2019;24(3):280-4.
- Hazavehei SMM, **Khoshravesh S**, Taheri-Kharameh Z. Increasing medical adherence in elderly with type 2 diabetes mellitus: a systematic review. *International Quarterly of Community Health Education*. 2019;39(2):109-17.
- Bandehelahi K, **Khoshravesh S**, Barati M, Tapak L. Psychological and sociodemographic predictors of fertility intention among childbearing-aged women in Hamadan, West of Iran: An Application of the BASNEF Model. *Korean journal of family medicine*. 2019;40(3):182.
- **Khoshravesh S**, Rezapur-Shahkolai F, Taheri-Kharameh Z, Moeini B, Bandehelahi K. Health literacy and health-promoting behaviours status among employees in Hamadan. *HMJ*. 2018;22(2):122-9.
- **Khoshravesh S**, Moeini B, Rezapur-Shahkolai F, Taheri-Kharameh Z, Bandehelahi K. Health literacy of employees of Hamadan University of medical sciences and related demographic factors. *J Educ Community Health*. 2018;5(1):19-26.
- Taheri-Kharameh Z, **Khoshravesh S**, Noori R, Abdolmalaki M, Bakhshi M. Determinants of medication adherence among Iranian elderly patients with chronic diseases. *Jundishapur Journal of Chronic Disease Care*. 2018;7(3).
- **Khoshravesh S**, Bahmani A, Taymoori P, Pakpour A. Relationship between health responsibility and self-care behaviors related to Covid-19 in citizens of Kurdistan province. *Scientific Journal of Kurdistan University of Medical Sciences*. 2018. 88-98.
- Taheri-Kharameh Z, Barati M, **Khoshravesh S**. Health Is the Key to the Realization of Sustainable Development Goals. *Journal of Education and Community Health*. 2017;4(3):1-3.

- Noori R, Yavari S, Nouri M, Moradi M, Moridi M, **Khoshravesh S**. Epidemiology of Crimean-Congo fever in Kermanshah province between 2008-2016. *Zanko Journal of Medical Sciences* 2017;18(58):15-23.
- Moridi M, **Khoshravesh S**, Noori R, Pashaei T. The survey of relapse's styles among drug users and stimulants. *Pajouhan Scientific Journal*. 2017;15(3):10-5.
- Khomand P, Abdolmalaki S, Ghaderi E, **Khoshravesh S**. Guillain-Barre Syndrome: A Retrospective Study of Clinical and Epidemiological Features in Kurdistan, West of Iran, From 2005 To 2014. *International Journal of Epidemiologic Research*. 2017;5(1):9-13.
- Rezapur-Shahkolai F, Taheri-Kharameh Z, Moeini B, **Khoshravesh S**. Religious coping and resilience among students of medical sciences. *European Journal of Public Health*. 2017;27(3).
- **Khoshravesh S**, Taymoori P, Abdolmaleki S, Khomand P, Pavara M. Awareness, risk perception, and protective behaviors in regard to multiple sclerosis among people in Sanandaj, Iran. *Scientific Journal of Kurdistan University of Medical Sciences*. 2016;21(1):10-20.
- **Khoshravesh S**, Taymoori P, Roshani D. Evaluation of the relationship between family history of breast cancer and risk perception and impacts on repetition of mammography. *Asian Pacific Journal of Cancer Prevention*. 2016;17(sup3):135-41.
- Moradi G, **Khoshravesh S**, Hosseiny M. Situation of linkage between sexual and reproductive health and HIV-related policies in Islamic Republic of Iran—a rapid assessment in 2011–2. *International journal of health policy and management*. 2015;4(3):131.
- Moradi G, Malekafzali Ardakani H, Gouya MM, Dejman M, foroughi M, SeyedAhmad SeyedAlinaghi SA, **Khoshravesh S**, Mohraz M. The Quality of Health Services Provided to People Living with HIV/AIDS in Iran: A Qualitative Study. *Iranian Journal of Infectious Diseases and Tropical Medicine*. 2015;19(67):13-20.



- Moradi G, Mohraz M, Gouya MM, Dejman M, Seyedalinaghi S, **Khoshravesh S**, et al. Health needs of people living with HIV/AIDS: from the perspective of policy makers, physicians and consultants, and people living with HIV/AIDS. Iranian journal of public health. 2014;43(10):1424.
  - Moradi G, Mohraz M, Gouya MM, Dejman M, Seyed Alinaghi SA, **Khoshravesh S**, Malekafzali H. The view of point and perspective of policy makers about HIV/AIDS control policies in Iran-a qualitative study. Journal of School of Public Health and Institute of Public Health Research. 2014;12(2):11-22.
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### **Research Projects**

- Psychosocial determinants affecting on elderly functional independence: A systematic review-2021.
  - Determining the factors related to the duration of hospitalization in the trauma patients hospitalized in Besat Hospital in Hamadan during 2007 to 2019.
  - Investigating the quality of life and its associated factors among infertile couples referred to Fatemiyeh Hospital in Hamadan in 2018.
  - Design and implementation of epidemiology and clinical information system in Hamadan in 2017.
  - Understanding the elderly with cardiovascular disease in Hamedan: A qualitative study-2017.
  - Investigating factors related to women's intention to refer to Hamedan comprehensive health centers based on BASNEF model in 2017.
  - Investigating the status of health literacy and its relationship with health promotion behaviors in Hamadan University of Medical Sciences employees-2016.
  - Investigating the relationship between spiritual health and religious beliefs with resilience in students of Hamedan and Qom Medical Sciences Universities in 2016.
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## **Published Books**

- Current Challenges and Advances in Organ Donation and Transplantation (Chapter: Organ Donation in Islam), IntechOpen, <https://www.intechopen.com/online-first/83550-2022>.
  - Back to life, back to normality, Academic Jihad Organization (University Jihad)- 2016.
  - Introduction to Wards and Clinical Care Volume II (Including Ward and Burn Wards, General Surgery, General Internal Medicine, Neurology, Infectious Diseases), Nehzat pouya-2011.
  - Introduction to Wards and Clinical Care Volume I (Including Wards of Orthopedics, Urology, Neurosurgery, Obstetrics and Gynecology), Nehzat pouya- 2010.
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## **Congress**

- Predictors of the intention to sign donor card in employees of government offices in Hamadan. 9th National Congress of Health Education and Health Promotion and 2nd National Conference on Health Literacy, Mashhad, Iran-2019 (Poster Presentation).
- A systematic review of interventions to reduce intimate partner violence in healthy woman, 19th Annual Research Congress of Medical Students, Hamadan, Iran-2019 (Oral Presentation).
- Investigation of social determinants affecting mammography repeat behavior in Iranian women over 50 years of age, 19th Annual Research Congress of Medical Students, Hamadan, Iran-2019 (Poster Presentation).
- Religious coping and resilience among students of medical sciences, 10th European Public Health Conference, Stockholm, Sweden-2017 (Oral Presentation).
- Investigating the relationship between the type of withdrawal pattern and substance use among drug users, 18th Annual Research Congress of Medical Students, Qazvin, Iran-2017 (Poster Presentation)
- Guillain-Barre syndrome: Clinical & epidemiological features in Kurdistan (west of Iran) from 2005 to 2014, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).

- Treatment Needs of drug users: from the Perspective of women Iranian, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Relationship between Health literacy and health promoting behaviors among Iranian employees: A cross – sectional study, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Increasing the medical adherence in elderly with type 2 diabetes mellitus: A Systematic Review, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Determinants of medication adherence among Iranian elderly patients with chronic diseases, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Relationship between Islamic life style and life satisfaction among students of medical sciences, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Factors of associated with fertility intention among woman referred to the Hamadan comprehensive health centers based on BASNEF Model, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Effectiveness of interventions to reduce pesticide exposure in agricultural health studies: A systematic review, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).
- Existential well-being as a predictor for resilience among student of medical sciences, 3rd International Congress and 8th National Congress of Health Education and Health Promotion, Isfahan, Iran-2017 (Poster Presentation).

- Investigating the relationship between family history and risk perception with mammography repeat, The first congress of the student research committees of the west of Iran, Sanandaj, Iran-2015 (Oral Presentation).
  - The survey of the relationship between family history of breast cancer and risk perception, The 8th APOCP Regional Conference cancer control in west Asia, Tehran, Iran-2015 (Oral presentation).
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### **Referee Experiences**

- Referee of the scientific reports
- Referee of the Medicina
- Referee of the BMC Pregnancy and Childbirth
- Referee of the Journal of Education and Community Health
- Virtual referee of the 24th Annual Research Congress of Medical Students, Baqiatallah University of Medical Sciences, Tehran , Iran-2023.
- Virtual referee of the 23th Annual Research Congress of Medical Students, Ardabil University of Medical Sciences, Ardabil, Iran-2022.
- Virtual referee of the 21st Annual Research Congress of Medical Students, Babol, Iran-2020.
- Corresponding referee of the 21st Annual Research Congress of Medical Students, Babol, Iran-2020.
- In-person referee of the 20th Annual Research Congress of Medical Students, Kermanshah, Iran-2019.
- Corresponding referee of the 20th Annual Research Congress of Medical Students, Kermanshah, Iran-2019.
- Corresponding referee of the 19th Annual Research Congress of Medical Students, Hamadan, Iran-2018.
- Corresponding referee of the 18th Annual Research Congress of Medical Students, Qazvin, Iran-2017.

- Corresponding referee of the First Congress of Student Research Committees of the West of Iran, Kurdistan, Iran-2015
  - Referee of the Journal of Education and Community Health
  - Referee of the pajouhan Scientific Journal
  - Referee of the final reports of the Student Research Center of Hamadan University of Medical Sciences
  - Referee of the research projects of the Social Determinants of Health Research Center, Hamadan University of Medical Sciences, Hamadan, Iran
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### **Memberships**

- Member of Research Council of Student Research Center of Hamadan University of Medical Sciences, Hamadan, Iran (2016-2020).
  - Member of the Central Council of the Student Research Center of Hamadan University of Medical Sciences, Hamadan, Iran (2016-2020).
  - Persian editor of pajouhan Scientific Journal, Hamadan University of Medical Sciences, Hamadan, Iran (2016-2018).
  - Member of the editorial board of Ganjnameh Magazine, Student Research Center of Hamadan University of Medical Sciences, Hamadan, Iran (2015-2017).
  - Member of Student Research Committee of Kurdistan University of Medical Sciences, Sanandaj, Iran (2012-2014).
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### **Conferences Membership**

- Scientific Secretary of the 19th Annual Research Congress of Medical Students, Hamadan, Iran-2018.
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### **Honors and Awards**

- **Outstanding researcher student** "Brilliant Talent" in Ph.D. course, Ministry of Health, Tehran, Iran-2020
  - **Top referee** of the 20th Annual Research Congress of Medical Students, Kermanshah, Iran-2019.
  - **Top Ph.D. student** in the Faculty of Health, Hamadan University of Medical Sciences, Hamadan, Iran-2019.
  - **Top Ph.D. student** in the Faculty of Health, Hamadan University of Medical Sciences, Hamadan, Iran-2018.
  - **First rank** for owners of top ideas (students ward), 18th Festival of Research and Technology, Hamadan University of Medical Sciences, Hamadan, Iran-2017.
  - The **first rank** of M.Sc. course in health education and health promotion, Kurdistan University of Medical Sciences, Sanandaj, Iran-2015.
  - **Second rank** in the oral presentation, the first congress of Student Research Committees of the West of Iran, Sanandaj, Iran-2015
  - The **top person** of the summer school of Kurdistan University of Medical Sciences, first congress of the student research committees of the west of Iran, Sanandaj, Iran-2015.
  - **Second rank** in the compilation and translation section, entitled "Introduction to Wards and Clinical Care - Volume 2", the 9th National Festival of Distinguished, Innovative and Innovative Students of Basij, sanandaj, Iran-2011.
  - **Frist rank** in the compilation and translation section, entitled "Introduction to Wards and Clinical Care - Volume 1", the 8th National Festival of Distinguished, Innovative and Innovative Students of Basij, sanandaj, Iran-2010.
  - **Frist rank** in the compilation and translation section, entitled "Introduction to Wards and Clinical Care - Volume 1", the 8th Provincial Festival of Distinguished, Innovative and Innovative Students of Basij, sanandaj, Iran-2009.
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### **Innovation**

- Surgical Forceps with light

Patent number 109172

Unique number: 140250340003000382

Verification code: 169541