

## Curriculum Vitae

**Name:** Dr. Azita Tiznobaik

**Field of Specialization:** Reproductive Health

**Academic degree:** Assistant Professor of Reproductive Health

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### Education and Academic Qualification:

**2015-2019:** Ph.D. (Doctor of Philosophy) in the field of Reproductive Health, School of Nursing and Midwifery, Tehran University of medical sciences. Tehran, Iran.

**2006-2009:** M.Sc. (Master of Sciences) in the field of Midwifery, Specialization of Midwifery training from Tehran University of medical sciences, Tehran, Iran.

**1996:** B.Sc. (Bachelor degree) in the field of Midwifery from Esfahan University of Medical Sciences, Esfahan, Iran.

### Working Experiences:

a) Academic member in Hamadan University of Medical Sciences from 2009 to present time as lecturer for teaching courses as listed below:

1- Obstetrics and Gynecology and Traineeship

2- Mother and Child Health and Traineeship

3- Neonate and Infant and Traineeship

4- Research Methods ( for Ph.D and M.Sc graduate students)

5- Reproductive Health

6- Community Health

b) Director of Cultural Affairs of the School of Nursing and Midwifery in 2020 to 2022

c) Head of Midwifery and Reproductive Health Department, Nursing and Midwifery Faculty, Hamadan University of Medical Sciences in 2022 to present

### **Publication**

#### **a) Journal Publication**

1. **Azita Tiznobaik**, Safoura Taheri, Zohre Momenimovahed, Mehdi Shirinzad, Mohsen Dalband, Ali Noorafrooz. Relationship between Plasma Concentrations of Maternal Zinc during Pregnancy and the Risk for Orofacial Cleft. Asian Journal of Pharmaceutics Apr-Jun 2018 (Suppl) • 12 (2) | S439. [ISI, Scopus]

2. **Azita Tiznobaik**, Safoura Taheri, Zohreh Momenimovahed, Anooshirvan Kazemnejad, Seyedeh Tahereh Mirmolaei. Effects of counseling on lifestyle of menopause women and their spouses: a randomized, controlled trial study (RCT). Electron J Gen Med 2018; 15(4):em48. <https://doi.org/10.29333/ejgm/85735> [ISI, Scopus]

3. **Azita Tiznobek**, Seyedeh Tahereh Mirmolaei, Zohreh Momenimovahed, Anooshirvan Kazemnejad, Safoura Taheri. Effect of counseling on sexual function and behavior in postmenopausal women and their spouses: a randomized, controlled trial (RCT) study. Menopause Rev 2017; 16(3): 99-103. [ISI, Scopus]

4. Zohre Momeni Movahed, **Azita Tiznobaik**, Minoos Pakgozar, Ali Montazeri, Safoura Taheri. Incontinence Impact Questionnaire (IIQ-7) and Urogenital Distress Inventory (UDI-6): Translation and Psychometric Validation of the Iranian Version. *Journal of Clinical and Diagnostic Research*. 2018 May, Vol-12(5): QC15-QC18 [ISI, Scopus]
5. Safoura Taheri, Saba Farzi, **Azita Tiznobaik**, Hamid Taghinejad, Nazanin Rezaei, Zainab Suhrabi, Tayebeh Azadi, Mahnaz Shafieian. Optimism, Communication Skills and Its Related Factors in Midwifery Students. *Journal of Clinical and Diagnostic Research*. 2018 Jun, Vol-12(6): QC10-QC13 [ISI, Scopus]
6. Zohre Momenimovahed, **Azita Tiznobaik**, Safoura Taheri, Hamid Salehiniya. Ovarian Cancer in the World: Epidemiology and Risk Factors. *International Journal of Women's Health* 2019;11 287–299. [ISI, Scopus] [Q ONE]
7. **Azita Tiznobaik**, Safoura Taheri, Parviz Torkzaban, Ali Ghaleiha, Ali Reza Soltanian, Reza Omrani, Mehdi Shirinzad. Relationship between Dental Plaque Formation and Salivary Cortisol Level in Pregnant Women. *Eur Oral Res* 2019; 53(2): 62-66. [ISI, Scopus]
8. **Azita Tiznobaik**, Mehrnaz Geranmayeh, Zohreh Khakbazan, Ziba Taghizadeh. Factors Affecting Women's Satisfaction with Vaginal Delivery: A Qualitative Study. *Revista Latinoamericana de Hipertensión* 2019; 14(3): 277-283. [ISI, Scopus]
9. **Azita Tiznobaik**, Safoura Taheri, Zohre Momeni Movahed, Ghodrattollah Roshanaei, Loghman Rezaei, Mahdi Shirinzad, Mahdi Tahmasebi. Investigating the Relationship between Decayed, Missing, and Filled Teeth Index and Preterm Labor in Pregnant Women in Hamedan, 2016. *Avicenna J Dent Res*. 2019 Sep; 11(3):89-93.
10. Tahere Najafi -Ghezeljeh, Mansoureh Ashghali -Farahani, Kobra Salami-Kohan, **Azita Tiznobaik**, Mitra Ghafarzadeh, Farzaneh Nadernejad, Kobra Vafi -Mohammadi. The Nursing Advocacy of Patients in COVID- 19: Case Report. *International Journal of Psychosocial Rehabilitation*. 2020; 24(8): 10091-10095. ISSN: 1475-7192. [Scopus]
11. Khatereh Rostami, **Azita Tiznobaik**, Leila Maleki, Maryam Mirzaei, Narjes Khaton Taheri. Investigating the Effect of Teaching EFT Technique on Reducing

Anxiety of Nurses during Corona Outbreak. 2020; 24(8): 10091-10095. ISSN: 1475-7192 [Scopus]

12. **Azita Tiznobaik**, Zohre Momeni Movahed, Safoura Taheri, Ghodratollah Roshanaei, Loghman Rezaei, Mahdi Shirinzad, Mahdi Tahmasebi. Investigating the Relationship between DMFT Index of Pregnant Women and Neonates' Low Birth Weight in Hamadan in 2016. *Revista Latinoamericana de Hipertensión* (ISSN: 18564550. Acceptance 19 September 2019 [ISI, Scopus]

13. Taheri S, Tavousi M, Momenimovahed Z, Direkvand-MoghadamA, **Tiznobaik A**, Suhrabi Z, et al. (2020) Development and psychometric properties of maternal health literacy inventory in pregnancy. *PLoS ONE* 15(6): e0234305. [https:// doi.org/10.1371/journal.pone.0234305](https://doi.org/10.1371/journal.pone.0234305) [Q ONE] [IF: 3.6]

14. Shirinzad M, **Tiznobaik A**, Ranjbari A, Abdolsamady H R. The Study of Mothers' Periodontal Status and Newborn's Low Birth Weight. *Avicenna J Clin Med*. 2006; 13 (3):57-61

15. **Tiznobeik A**, Refaie M, Soltanian A.R. Knowledge, attitude and practice of nursing and midwifery students toward post exposure prophylaxis for HIV infection. *Sic journal blood transfuse organ*. 2013; 10(3): 305-311.

16. **Tiznobaik A**, mirmolaei T, Kazemnejad A. The effects of the counseling on life style of menopausal women and their husbands. *Advances in Nursing and Midwifery*. 2013; 22(77): 52-58.

17. Rezaii N, **Tiznobaik A**, Farzi S, Taghinejad H, Taheri S. Use of stem cells in the treatment of reproductive disorders in men and women: Review article. *IJOGI*. 2017; 20: 78-96.

18. Saadatnia S, **Tiznobaik A**, Saber A. The effects of psychological counseling and acupressure based on couple therapy procedure for alleviation of vomiting and nausea in pregnant women in Iran country. *Journal of Complementary and Integrative Medicine*. 2021: DOI: 10.1515/jcim-2020-0308

19. Mazidimoradi A, **Tiznobaik A**, Salehiniya H, Impact of the COVID-19 Pandemic on Colorectal Cancer Screening: a Systematic Review. *Journal of Gastrointestinal Cancer*: DOI: 10.1007/s12029-021-00679-x

20. Momenimovahed Z, Taheri S, **Tiznobaik A**, Salehiniya H. Do the fertility drugs increase the risk of cancer? A review study. *Frontiers in endocrinology*.2019: <https://doi.org/10.3389/fendo.2019.00313>
21. Momenimovahed Z, **Tiznobaik A**, Taheri S, Hassanipour S, Salehiniya H. A review of barriers and facilitators to mammography in Asian women. *Ecancermedicalscience*. 2020; 14: 1146. doi: 10.3332/ecancer.2020.1146
22. Mazidimoradi A, **Tiznobaik A**, Salehiniya H. Impact of the COVID-19 pandemic on colorectal cancer screening: a systematic review. *Journal of gastrointestinal cancer*. 2022; 53 (3), 730-744
23. Allahqoli L, Mazidi Moradi A, Momenimovahed Z, Rahmani A, Hakimi S, **Tiznobaik A**, Gharacheh M, Salehiniya H, Alkatout I. The global incidence, mortality, and burden of breast cancer in 2019: correlation with smoking, drinking, and drug use. *Frontiers in Oncology*; 2022, 12:921015. DOI: 10.3389/fonc.2022.921015 [PMID: 35965518]
24. Mazidimoradi A, Momenimovahed Z, Allahqoli L, **Tiznobaik A**, Hajinasab N, Salehiniya H, Alkatout I. The global, regional and national epidemiology, incidence, mortality, and burden of ovarian cancer. *Health Science Reports*; 2022: 5 (6), e936. DOI: 10.1002/hsr2.936
25. Moosavi Khosravi H, Aghababaei S, Kazemi F, **Tiznobaik A**, Kohan Sh. The Effect of Counseling on the Pregnant Women's Stress of Covid-19: A Clinical Trial Study. *Journal of Family and Reproductive Health*. 2022; 3(16): 192-198. <https://doi.org/10.18502/jfrh.v16i3.10580>
26. Momenimovahed Z, Taheri S, **Tiznobaik A**, Salehiniya H. Is Pregnancy Characteristic Associated with Ovarian Cancer? A Review of the Available Evidence. *EJMO*. 2022;6(3):198–209 DOI: 10.14744/ejmo.2021.14462
27. Sanginabadi R, Kazemi F, **Tiznobaik A**, Soltani F. The effectiveness of couple-centered counseling on the anxiety and concerns of pregnant adolescents. *Journal of Holistic Nursing and Midwifery*; 2023: 33 (1), 41-50

**b) Congresses and Conferences:**

1. **Azita Tiznobaik.** The effect of sunlight exposure and leisure time counseling of life style on menopausal women and their husbands. Germany Congress for Reproductive and Endocrinology. Reproductive and Endocrinology (Counseling). Poster Presentation M-076 .2010 [Germany]
2. **Azita Tiznobaik.** The effect of nutrition and exercise counseling on menopausal women and their husbands. Germany Congress for Reproductive and Endocrinology. Reproductive and Endocrinology (Counseling). Poster Presentation M-077. 2010 [Germany]
3. **Azita Tiznobaik.** The effect of sexual relations counseling on menopausal women and their husbands. Germany Congress for Reproductive and Endocrinology. Reproductive and Endocrinology (Counseling). Poster Presentation M-078. 2010 [Germany]
4. Maryam Azizpour, **Azita Tiznobaik.** The effect of Low carbohydrate regimen on menopausal interval in polycystic ovarian syndrome women. Germany Congress for Reproductive and Endocrinology. Reproductive and Endocrinology (Polycystic Ovaries). Poster Presentation W-060. 2010 [Germany]
5. Maryam Azizpour, **Azita Tiznobaik.** The effect of Low carbohydrate regimen on waist, hip and WHR rate in pol polycystic ovarian syndrome women. Germany Congress for Reproductive and Endocrinology. Reproductive and Endocrinology (Polycystic Ovaries). Poster Presentation W-061. 2010 [Germany]
6. Fatemeh Abasszadeh, **Azita Tiznobaik.** Comparison of quality of life and depression in normal and high risk pregnancy in the health medical centers of kashan university of medical sciences. Global Congress of Maternal and Infant Health. (Maternal and Infant Health). Poster Presentation. 2010 [Spain]
7. mirmolaei T, Minoos Pakgozar, Kazemnejad A, **Azita Tiznobaik.** The evaluation of the effect of counseling on lifestyle of menopausal women and their husbands: nutritional habits and physical activity. International Congress of Gynecology and Obstetrics. Poster Presentation 852. 2009 [South Africa]
8. **Azita Tiznobaik.** Presentation of the article in the 8th International Congress of Obstetrics and Gynecology of Iran, Tehran, 2009, entitled "Study of the effect of counseling on lifestyle of postmenopausal women and their husbands in the dimensions of sleep and periodic examinations" [Poster]

9. **Azita Tiznobaik.** Presentation of the article in the 8th International Congress of Obstetrics and Gynecology of Iran, Tehran, 2009, entitled "Evaluation of the effect of protein and energy supplements in pregnancy" [Poster]
10. Mansoureh Refaie, **Azita Tiznobaik.** Presentation of the article in the 8th International Congress of Obstetrics and Gynecology of Iran, Tehran, 2009, entitled "The effect of diet in the prevention of gestational diabetes" [Poster]
11. Batoul Khodakarami, **Azita Tiznobaik.** Presentation of the First International Congress on Safe Pregnancy in Iran, Tehran, 2009, entitled "Intensification and stimulation of uterine contractions with oxytocin and reduction of glutamine levels in cord blood" [Poster]
12. **Azita Tiznobaik.** Presentation of the First International Congress on Safe Pregnancy in Iran, Tehran, 2009, entitled "Epilepsy and pregnancy counseling" [Poster]
13. **Azita Tiznobaik.** Presentation of the Second National Conference on Citizenship Sports, Tehran, 2010, entitled "Study of the effect of counseling on the lifestyle of postmenopausal women and their husbands in the dimensions of sports and walking" [Poster]
14. **Azita Tiznobaik.** Presentation of an article in the National Congress of Family Health (Based on Evidence), Ahvaz, 2010, entitled "Study of the effect of counseling on the lifestyle of postmenopausal women and their husbands in the dimensions of smoking and exposure to cigarette smoke" [Poster]
15. **Azita Tiznobaik.** Presentation of an article in the 9th International Congress of Obstetrics and Gynecology of Iran, Tehran, 2011, entitled "Study of the relationship between maternal plasma copper concentration and cleft lip and palate in infants" [Poster]
16. **Azita Tiznobaik.** Presentation of an article in the 9th International Congress of Obstetrics and Gynecology of Iran, Tehran, 2011, entitled "Evaluation of the relationship between maternal plasma zinc concentration and cleft lip and palate in neonates" [Poster]
17. **Azita Tiznobaik.** Presentation of an article in the First International Congress of Birth and Health of Women in Ahvaz, Ahvaz, 2011, entitled "Study of the effect of the status of primiparous mothers on the length of the third stage of labor" [Poster]

18. **Azita Tiznobaik.** Presentation of the article in the International Congress of Minimally Invasive Methods of Obstetrics and Gynecology, Tehran, 2014, entitled "Study of the relationship between salivary cortisol and dental plaque in pregnant mothers" [Lecture]

19. **Azita Tiznobaik.** Presentation of an article in the National Conference on Care and Client, Hamedan, 2014, entitled "The effect of counseling on the lifestyle of postmenopausal women and their husbands in performing periodic examinations and using health services" [Poster]

20. **Azita Tiznobaik.** Presentation of the article in the First International Congress of Perinatology, 7th National Congress of Perinatology and Neonatology, Shiraz, 1398, entitled "The relationship between DMFT index of pregnant women and preterm delivery"

21. **Azita Tiznobaik.** Presentation of the article in the First International Congress of Perinatology, 7th National Congress of Perinatology and Neonatology, Shiraz, 1398, entitled "Factors affecting prenatal period on maternal satisfaction with natural childbirth: A qualitative study"

22. **Azita Tiznobaik.** Presentation of the article in the First International Congress of Perinatology, 7th National Congress of Perinatology and Neonatology, Shiraz, 1398, entitled "Correlation between DMFT Index of pregnant women with low birth weight"

23. **Azita Tiznobaik.** Presentation of the article in the 2th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, October 28, 2020, entitled "Evaluation of oral Health Status of Pregnant Women in Hamadan" [Oral Presentation]

24. **Azita Tiznobaik.** Presentation of the article in the 2th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, October 28, 2020, entitled "Childbirth Satisfaction in Women Based on the Tiznobaik Model (TM, 2019): Designed by the Qualitative Study" [Oral Presentation]

25. Mahtab Sattari, **Azita Tiznobaik.** Presentation of the article in the 2th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, October 28, 2020, entitled "The Effect of

Education on Sexual Knowledge and Attitude of Female Students” [Oral Presentation]

26. **Azita Tiznobaik.** Presentation of the article in the 3th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, February 20 2021, entitled “Preservation Fertility with Ovarian and Artificial Ovarian Transplants in Women with Cancer” [Oral Presentation]

27. **Azita Tiznobaik.** Presentation of the article in the 3th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, February 20 2021, entitled “Association between Dental Caries in Pregnant Women with Low Birth Weight” [Oral Presentation]

28. Mahtab Sattari, **Azita Tiznobaik.** Presentation of the article in the 3th International Congress on New Finding in Midwifery, Women, Maternity and Infertility (ICMWMI), Tbilisi-Georiga, February 20 2021, entitled “The Effect of Exclusive Breastfeeding on Female Weight Loss in the Postpartum Period” [Oral Presentation]

**c) Books:**

1. Masoumi S Z, **Tiznobaik A.** Textbook of Sexual Disorders. Tehran, Dayan Publications. 2013
2. **Tiznobaik A.** Gholami Abdi A, Moosavi Hashemipoor F. Obstetrics and gynecology emergencies. Tehran, Noore Danesh Publisher. 2021

**Journal Editorial Board:**

1. Member of Editorial Board and a referee of The Nursing and Midwifery Journal of Hamden Medical University. Since 2019 to present time.

2. A referee of The Iranian Red Crescent Medical Journal. Since 2011 to present time.

**Professional Organization Membership:**

1. Member of Mother and Child Health Care Research Center , Hamadan University of Medicine and Health Sciences. From 2011 to present time.