# با نام و یاد خدا

# مشخصات کلی و سوابق آموزشی و پژوهشی و حرفه ای (Curriculum Vitae)

# مشخصات فردي:

فکس:۲۴۷۰۸۳۸۳۸۸۰

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وضعیت اشتغال در دانشکده : مربی عضو هیئت علمی

(پیمانی)

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پروفایل من در google scholar: google scholar: google scholar: google scholar: http://www.scopus.com/authid/detail.uri?authorId=56433694400 :Scopus: Scopus پروفایل من در http://www.ncbi.nlm.nih.gov/pubmed?term=shamsizadeh%20morteza%5BAuthor%5D :Pubmed پروفایل من در https://www.researchgate.net/profile/Morteza\_Shamsizadeh2 :researchgate

# سوابق تحصيلي:

<i>گ</i> رایش	رشته تحصيلي	مقطع تحصيلي	مکان تحصیلی	سالهای تحصیلی	ردیف
پرستار <i>ی</i>	پرستار <i>ی</i>	كارشناسى	دانشکده پرستاری-مامایی رفسنجان	אאר ט אארר ט אארר	١
آموزش داخلی- جراحی	پرستاری	کارشناسی ارشد	دانشکده پرستاری–مامایی تهران	ורפון בי וראפ	۲

<sup>\*</sup> لازم به ذکر است که اینجانب سال اول و دوم خود را در رفسنجان و بعد از آن سال سوم خود را در دانشگاه علوم پزشکی همدان و سال چهارم را در دانشگاه علوم پزشکی اراک مهمان بوده ام.

# **یایان نامه زمان تحصیل**:

اساتید مشاور	استاد راهنما	مقطع تحصيلي	عنوان پایان نامه
دکتر محمدعلی چراغی/ دکتر نعیمه سید	دکتر شکوه ورعی	کارشناسی ارشد	بررسی تاثیر آموزش همتا بر اضطراب و خودکارآمدی
فاطمى/ آقاى ناصر بحراني (آمار)			بیماران کاندید عمل جراحی پیوند عروق کرونر

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# سوابق آموزشي (تدريس تئوري/عملي):

سابقه تدریس واحد های تئوری و عملی به طور میانگین هر ترم ۲۲ واحد (به طور میانگین ۱۷ واحد کارآموزی و کارورزی و ۵ واحد تئوری) در سال تحصیلی ۹۲/۹۳، ۹۲/۹۳، ۹۳/۹۴ و نیمسال اول ۹۴/۹۵ در دانشگاه علوم پزشکی شاهرود و نیمسال دوم ۹۴/۹۵ در دانشگاه علوم پزشکی همدان (۲۳ واحد ) و هم چنین نیمسال اول ۹۵/۹۶ در دانشگاه علوم پزشکی همدان

- تدریس واحد های تئوری دانشجویان کاردانی و کارشناسی فوریت (جابجایی و حمل بیمار، تروما، فوریت در شرایط خاص، فناوری اطلاعات و ......)
- تدریس واحد های تئوری پرستاری (فناوری اطلاعات، اعصاب، اورولوژی، ICU، بررسی وضعیت سلامت، ارتوپدی و ......)
- تدریس واحد های عملی پرستاری ( کارآموزی و کارورزی در همه بخش های داخلی و جراحی و مراقبت های ویژه)
  - تدریس واحد ICU به دانشجویان کارشناسی اتاق عمل
  - تدریس نشانه شناسی به دانشجویان کارشناسی هوشبری
  - تدریس واحد های دانشجویان کارشناسی ارشد پرستاری مراقبت های ویژه (CCU)

## **یایان نامه های تحت مشاوره:**

اساتید مشاور	دانشگاه	استاد راهنما	مقطع تحصيلي	عنوان پایان نامه
مرتضی شمسی زاده،	دانشگاه علوم	خانم دریادخت	کارشناسی ارشد	بررسی تاثیر اموزش همتا بر خودکارامدی و کیفیت
حمید حقانی	پزشکی تهران	مسرور رودسری		زندگی بیماران دیابتی (مقاله چاپ شده)
مرتضى شمسى زاده	دانشگاه علوم	دکتر شکوه ورعی	کارشناسی ارشد	بررسی تاثیر آموزش توسط همتا به طریق الکترونیکی
	پزشکی تهران			بر اضطراب و رضایتمندی بیماران سرپایی کاندید
				جراحی کاتاراکت (اتمام یافته)
حسین شهدادی،	دانشگاه علوم	دکتر مژگان	کارشناسی ارشد	بررسی تاثیر آموزش توسط همتا اضطراب و
مرتضى شمسى زاده	پزشکی زابل	رهنما		خودکاراَمدی قلبی بیماران سکته قلبی (در دست اجرا)

# تجارب حرفه ایی در بالین:

- ✓ پرستار ICU/General بیمارستان خصوصی مهر از مهر ۱۳۸۹ لغایت فروردین ۱۳۹۰
- ✓ پرستار ICU/General بیمارستان خصوصی مدائن از بهمن ۱۳۸۹ لغایت شهرپور ۱۳۹۱
  - ✓ پرستار خصوصی بیمارستان مهر با هماهنگی دفتر پرستاری در سال ۱۳۹۳/۱۳۹۲
- ✓ مربی دانشجویان پرستاری در بخش های مختلف بیمارستان هر ترم به طور میانگین ۱۶ واحد کارآموزی/کارورزی از مهر ۹۱ در بیمارستان های آموزشی شاهرود و همدان به عنوان مربی عضو هیات علمی
  - ✓ پرستار ۲۴ ساعته درمانگاه پادگان شهید مدرس سپاه در دوره آموزشی سربازی از ۱ تیر لغایت ۱۵ مرداد ۱۳۹۲

## سوابق اجرایی:

- ۱. سرپرست کانون علمی و پژوهشی بسیج دانشجویی دانشگاه علوم پزشکی همدان سال تحصیلی ۸۸–۸۷
- ۲. عضو هیات علمی دانشگاه علوم پزشکی شاهرود، دانشکده پرستاری و مامایی از مهر ۱۳۹۱ تا ۱۵ آذر ۱۳۹۴
  - ۳. استاد مشاور دانشجویان پرستاری پسر ورودی ۱۳۹۱
  - ۴. عضو کمیته رشد و بالندگی اعضاء هیئت علمی EDC از مهر ۱۳۹۱
  - ۵. عضو مجدد کمیته رشد و بالندگی اعضاء هیئت علمی EDC از مهر ۱۳۹۳ به مدت ۲ سال
    - ۶ سرپرست کمیته تحقیقات دانشجویی دانشگاه از فروردین ۱۳۹۳
  - ۷. نماینده معاونت پژوهشی و فناوری در کمیته های تحقیقات دانشجویی دانشگاه در سال ۱۳۹۳
    - ۸. داور طرح های تحقیقاتی دانشگاه علوم پزشکی شاهرود
    - ۹. داور طرح های تحقیقاتی کمیته تحقیقات دانشجویی دانشگاه علوم پزشکی شاهرود
      - ۱۰. داور شورای انتشارات تالیف و ترجمه دانشگاه علوم پزشکی شاهرود
    - ۱۱. نائب رئیس پانزدهمین کنگره سالانه دانشجویان علوم پزشکی کشور شهریور ۱۳۹۳ شاهرود
  - ۱۲. داوری مقالات پانزدهمین کنگره سالانه دانشجویان علوم پزشکی کشور شهریور ۱۳۹۳ شاهرود
  - ۱۳. عضو کمیته علمی پانزدهمین کنگره سالانه دانشجویان علوم پزشکی کشور شهریور ۱۳۹۳ شاهرود
    - ۱۴. عضو هیات علمی دانشگاه علوم پزشکی همدان، دانشکده پرستاری ومامایی از ۲۴ آذر ۱۳۹۴
      - ۱۵. مدیر اجرایی مجله علمی پژوهشی دانشکده پرستاری و مامایی همدان
  - ۱۶. استاد مشاور دانشجویان کارشناسی فوریت نیمسال دوم ۹۵–۹۴ دانشکده پرستاری و مامایی همدان

- ۱۷. عضو کارگروه آموزش یاسخگو EDC دانشگاه علوم یزشکی همدان از ۲۲ فروردین ۱۳۹۵
- ۱۸. عضو کارگروه تحول و نوآوری در رشته های علوم پزشکی امور هیات علمی دانشگاه علوم پزشکی همدان از مرداد ۱۳۹۵

## همکاری با مجلات:

- ۱. داور مجله علمی پژوهشی آموزش پرستاری انجمن علمی پرستاری-تهران
  - 7. داور مجله علمی پژوهشی روان پرستاری انجمن علمی پرستاری-تهران
- ۳. داور مجله علمی پژوهشی مجله بالینی پرستاری و مامایی دانشکده پرستاری و مامایی شهر کرد
- ۴. داور مجله علمی پژوهشی دانش و تندرستی دانشگاه علوم پزشکی شاهرود (CAS, EBSCO)
  - ۵. داور مجله علمی پژوهشی پژوهش توانبخشی در پرستاری انجمن علمی پرستاری-تهران
    - ۶ داور مجله علمی پژوهشی **پرستاری کودکان و نوزادان** انجمن علمی پرستاری-تهران
- ۷. داور مجله انگلیسی زبان نمایه شده در Pubmed با عنوان: Pubmed مجله انگلیسی زبان نمایه شده در Midwifery Research
  - ۸. داور مجله علمی پژوهشی حیات دانشگاه علوم پزشکی تهران (scopus)
- ۹. داور مجله انگلیسی زبان نمایه شده در ISI با عنوان: Iranian Red Crescent Medical Journal حلال احمر
- ۱۰. داور مجله انگلیسی زبان نمایه شده در ISI با عنوان: Nursing and Midwifery Studies دانشکده پرستاری و مامایی کاشان
  - ۱۱. داور مجله انگلیسی زبان نمایه شده در ESCI با عنوان: Health Scope دانشگاه علوم پزشکی زاهدان
  - ۱۲. داور مجله علمی پژوهشی مجله علمی دانشکده پرستاری و مامایی دانشکده پرستاری و مامایی همدان
- ۱۳. داور مجله انگلیسی زبان علمی پژوهشی با عنوان: Razavi International Journal of Medicine دانشگاه علوم پزشکی مشهد

# طرح های تحقیقاتی:

وضعيت	سال	مجرى	عنوان	ردیف
مقاله چاپ شده	179.	مجری (طرح پایان	بررسی تاثیر آموزش همتا بر اضطراب و خودکارآمدی بیماران کاندید جراحی	,
مفانه چاپ شده	11 (*	نامه دانشجویی)	پیوند عروق کرونر	• 1
مقاله چاپ شده	१७९४	همكار	بررسی شیوع استرونزیلوئیدیازیس در برخی از بیماران مراجعه کننده به	· ·
مقانه چاپ شده	11 (1	همجار	بیمارستان امام حسین شاهرود در سال ۱۳۹۲	• )
di: : 16.			بررسی ارتباط استرس و اضطراب با شیوه های مقابله ای هیجان محور و	
نگارش مقاله	१८८८	مجرى	مسئله محور در همراهان بیماران ترومایی مراجعه کننده به بیمارستان امام	۳.
			حسین(ع) شاهرود در سال ۱۳۹۲	
دفاع شده	1895	استاد مشاور (پایان	بررسی تاثیر اَموزش توسط همتا به طریق الکترونیکی بر اضطراب و رضایت	<b>1</b> C
دفاع شده	11 (1	نامه ارشد)	مندی بیماران سرپایی کاندید جراحی کاتاراکت	•)
مقاله چاپ شده	१७९७	مجرى	بررسی کیفیت زندگی سالمندان مقیم سراهای سالمندی شهر شاهرود در سال	۵.

			1898	
مقاله چاپ شده	1797	همكار	بررسی دیدگاه بیماران درباره رعایت معیارهای اخلاق حرفهای در عملکرد پرستاری در بیمارستان امام حسین(ع) شاهرود	۶
مقاله در دست داوری	١٣٩٣	مجرى	بررسی ارتباط سلامت عمومی با اعتیاد به اینترنت در دانشجویان پرستاری دانشگاه علوم پزشکی شاهرود در سال ۱۳۹۴	.Y
نگارش مقاله	१७९७	مجرى	تأثیر موسیقی درمانی بر اضطراب، درد، علائم حیاتی و میزان داروی مخدر دریافتی در بیماران کاندید عمل جراحی سزارین: یک مطالعه کارآزمایی بالینی	Л
اجرا	१४५४	همكار	بررسی رابطه ویژگی های شخصیتی و حمایت اجتماعی با باور های خود کاراَمدی دانشجویان جدید الورود دانشگاه علوم پزشکی شاهرود در سال ۱۳۹۳	٩.
نگارش مقاله	१७९७	همكار	بررسی شأن ذاتی بیمار و عوامل مرتبط با آن از دیدگاه پرستاران و بیماران بستری در بیمارستان امام حسین (ع) شاهرود در سال ۱۳۹۳	٠١٠.
اجرا	1794	مجرى	تاثیرتور آشناسازی بر سطح اضطراب، رضایتمندی، درد و علائم حیاتی بیماران کاندید جراحی کاتاراکت: یک مطالعه کارآزمایی بالینی	.11
اجرا	1794	استاد مشاور (پایان نامه ارشد)	بررسی تاثیر آموزش توسط همتا اضطراب و خودکارآمدی قلبی بیماران سکته قلبی	.17
اجرا	1794	مجرى	بررسی ارتباط رضایت شغلی پرستاران با رضایت بیماران بستری بیمارستان امام حسین شاهرود در سال ۱۳۹۴	.17"
اجرا	1794	مجرى	بررسی ارتباط سلامت عمومی پرستاران با رضایت بیماران بستری از کیفیت مراقبت های پرستاری در بیمارستان امام حسین شاهرود در سال ۱۳۹۴	.14
اجرا	१४९४	مجرى	بررسی ارتباط جو ایمنی و ابعاد ساختاری آن با صدمات شغلی در پرستاران بیمارستان های آموزشی شاهرود در سال ۱۳۹۴	.۱۵
اجرا	१४९४	همكار	بررسی ارتباط شاخص توانایی کار و شکستهای شناختی در پرستاران بیمارستان های آموزشی دانشگاه علوم پزشکی تهران در سال ۱۳۹۴	.18
اجرا	१४५४	مجرى	بررسی میزان رعایت استانداردهای اخلاق حرفهای و موانع رعایت آن در مراقبتهای بالینی از دیدگاه پرستاران در بیمارستانهای آموزشی شاهرود در سال ۱۳۹۴	.۱٧

## Articles:

- 1. Soleimani MA, Zarabadi-Pour S, Yiong H, Allen K-A, Shamsizadeh M. Factors Associated With Hope and Quality of Life in Patients With Coronary Artery Disease. Journal of Nursing Research. 2022;30(2):e200.
- 2. Shamsizadeh M, Fathi Jouzdani A, Rahimi-Bashar F. Incidence and Risk Factors of Ventilator-Associated Pneumonia among Patients with Delirium in the Intensive Care Unit: A Prospective Observational Study. Critical Care Research and Practice. 2022;2022.
- 3. Samieefar N, Momtazmanesh S, Ochs HD, Ulrichs T, Roudenok V, Golabchi MR, et al. Integrated, Multidisciplinary, and Interdisciplinary Medical Education. Multidisciplinarity and Interdisciplinarity in Health: Springer, Cham; 2022. p. 607-22.
- 4. Rezaei N, Saghazadeh A, Ghani ARI, Vedadhir A, Vahed A, Vellido A, et al. Integrated Science 2050: Multidisciplinarity and Interdisciplinarity in Health. Multidisciplinarity and Interdisciplinarity in Health: Springer, Cham; 2022. p. 661-90.
- 5. Bagheri Z, Larki-Harchegani A, Pourmoslemi S, Nili-Ahmadabadi A, Bakhtiari E, Safarpour H, et al. The Antimicrobial and Healing Effect of Scrophularia striata Boiss Hydroalcoholic Extract on First-and Second-Grade Pressure Wounds in Patients with Brain and Spinal Cord Injury: A Randomized Clinical Trial. Evidence-Based Complementary and Alternative Medicine. 2022;2022.
- 6. Varaei S, Jalalian Z, Nejad MSY, Shamsizadeh M. Comparison the effects of inhalation and massage aromatherapy with lavender and sweet orange on fatigue in hemodialysis patients: a randomized clinical trial. Journal of Complementary and Integrative Medicine. 2021;18(1):193-200.
- 7. Sharifian P, Mohammadi F, Ranjbaran F, Kamyari N, Shamsizadeh M. The effects of care-oriented group discussion on burnout among the caregivers of patients with stroke. Journal of Multidisciplinary Care. 2021;10(3):121-5.
- 8. Shamsizadeh M, Shaadi S, Mohammadi Y, Borzou SR. The Effects of Education and Telephone Nurse Follow-Up (Tele-Nursing) on Diabestes Management Self-Efficacy in Patients with Type 2 Diabetic Referred to Hamadans Diabetes Center in 2018. Avicenna J Nurs Midwifery Care. 2021;29(2):81-90.
- 9. Shamsizadeh M, Ranjbaran F, Sharifian P. The Effect of an Educational Program Based on the Teach Back Method on the Quality of Life in Hemodialysis Patients: A Clinical Trial Study. Journal of Critical Care Nursing. 2021;14(4):30-20.
- 10. Shamsizadeh M, Mohammad Gholi Mezerji N, Sharifian P. Evaluation of the Effect of Smartphone-based Virtual Social Networking on Academic Performance of Undergraduate Nursing Students. Pajouhan Scientific Journal. 2021;19(4):52-8.
- 11. Oshvandi K, Movaheditabar E, Naghshtabrizi B, Mohammadi Y, Shamsizadeh M. The effect of video-based educational program on satisfaction and comfort in patients undergoing transradial coronary angiography: A single-blinded, randomized controlled trial. Journal of Vascular Nursing. 2021;39(2):27-32.
- 12. Oshvandi K, Letomi FM, Soltanian AR, Shamsizadeh M. The effects of foot massage on hemodialysis patients' sleep quality and restless leg syndrome: a comparison of lavender and sweet orange essential oil topical application. Journal of Complementary and Integrative Medicine. 2021;18(4):843-50.
- 13. Momtazmanesh S, Samieefar N, Uddin LQ, Ulrichs T, Kelishadi R, Roudenok V, et al. Socialization during the COVID-19 pandemic: the role of social and scientific networks during social distancing. Coronavirus Disease-COVID-19: Springer, Cham; 2021. p. 911-21.
- 14. Shamsizadeh M, Oshvandi K, Alipour K, Moamer S, Maghsoudi Z. The Relationship Between Spiritual Health and Moral Sensitivity in Nursing Students of Hamadan University of Medical Sciences, 2017. Avicenna J Nurs Midwifery care. 2020;28(2):75-82.
- 15. Samieefar N, Boroujeni RY, Jamee M, Lotfi M, Golabchi MR, Afshar A, et al. Country Quarantine during COVID-19: Critical or Not? Disaster medicine and public health preparedness. 2020:1-6.
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# كنگره و سمينار با ارائه مقاله:

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محل	سال	نوع	عنوان مقاله	
دانشکده پرستاری و مامایی بویه گرگان (سمینار پرستار، ماما و پژوهش ۶)	۱۸و۱۹ مهر ۱۳۹۲	سخنرانی	تأثیر آموزش همتا بر خودکارآمدی قلبی بیماران کاندید عمل جراحی پیوند عروق کرونر؛ یک مطالعه کارآزمایی بالینی	١
دانشکده پرستاری و مامایی بویه گرگان (سمینار پرستار، ماما و پژوهش ۶)	۱۸و۱۹ مهر ۱۳۹۲	سخنرانی(همکار)	بررسی تأثیر تور آشناسازی آنژیوگرافی بر سطح اضطراب و رضایتمندی بیماران کاندید آنژیوگرافی عروق کرونر	۲
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کنگره زندگی سالم و توسعه مراقبتهای پرستاری – مامایی. بوشهر	بهمن ۱۳۹۲	سخنرانی (همکار)	آموزش همتا رویکردی جهت ارتقاء کیفیت مراقبت پرستاری از بیماران مبتلا به MS	۵
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همایش سراسری مراقبت و مددجو، دانشگاه علوم پزشکی همدان	۲۱و۲۱ مهر ۱۳۹۳	سخنرانی	تأثیر آموزش همتا بر خودکارآمدی دیابتی و کیفیت زندگی دیابتی بیماران دیابتی نوع ۲؛ یک مطالعه کارآزمایی بالینی	٧
همایش سراسری مراقبت و مددجو، دانشگاه علوم پزشکی همدان	۲۰و۲۱ مهر ۱۳۹۳	پوستر(همکار)	فشار مراقبتی و عوامل مرتبط با آن در مراقبین بیماران همودیالیزی شهر رشت	٨
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\٣٩٣/٣/\٨	دانشگاه علوم پزشکی شاهرود	۲ ساعت	هم اندیشی ابعاد شخصیتی امام خمینی ره	۳.
ነምዒም/ም/አ	دانشگاه علوم پزشکی شاهرود	۳ ساعت	سرقت ادبی	۴.
1797/11/77	دانشگاه علوم پزشکی شاهرود	۲ ساعت	هم اندیشی دستاوردهای نظام مقدس ایران	۵.
\\%\\\\	دانشگاه علوم پزشکی شاهرود	۶ ساعت	أموزش پاسخگو	۶
1797/9/9	دانشگاه علوم پزشکی شاهرود	۴ ساعت	جستجوی منابع الکترونیک <mark>(مدرس)</mark>	٧.
1797/7/4	دانشگاه علوم پزشکی شاهرود	۸ ساعت	نحوه بررسی و تکمیل پرونده های ارتقاء اعضا هیات علمی	۸.
1897/8/7+	دانشگاه علوم پزشکی شاهرود	۱۶ ساعت	دانش افزایی استادان با موضوع معرفت شناسی اسلامی	٩.

1897/5/4+	دانشگاه علوم پزشکی شاهرود	۴ ساعت	دانش افزایی استادان با موضوع سبک زندگی اسلامی در خانواده	٠١٠.
1897/8/8	دانشگاه علوم پزشکی شاهرود	۲ ساعت	دانش افزایی استادان نقاط قوت و چالش های طرح ضیافت	.11
			اندیشه	
1897/8/8	دانشگاه علوم پزشکی شاهرود	۲ ساعت	دانش افزایی استادان اینترنت و شبکه های اجتماعی	.17
۲۰ و ۱۳۹۲/۶/۲۱	دانشگاه علوم پزشکی شاهرود	۱۶ ساعت	مقاله نویسی انگلیسی	.۱۳
189./17/18	بيمارستان مدائن	۶ ساعت	کارگاه CPR یک روزه برای پرستاران <mark>(مدرس)</mark>	.14
۲/۲۵ و ۹۱/۳/۱	بيمارستان مدائن	۱۶ ساعت	کارگاه CPR دو روزه برای پرستاران <mark>(مدرس)</mark>	.۱۵
۹۱/۳/۲۲ و ۹۱/۳/۲۲	بيمارستان مدائن	۱۶ ساعت	کارگاه CPR دو روزه برای پرستاران <mark>(مدرس)</mark>	.18
٠٢-٢٢، ٧٢-٨٢	دانشگاه علوم پزشکی شاهرود	۲۰ ساعت	کارگاه CPR ۴ روزه برای پرسنل ۱۱۵ شاهرود <mark>(مدرس)</mark>	.۱۷
آبان ۹۱				
91/17/18	دانشگاه علوم پزشکی شاهرود	۸ ساعت	پژوهش در اَموزش پزشکی	۸۱.
۹۱/۱۱/۲۵	دانشگاه علوم پزشکی شاهرود	۸ ساعت	دانش پژوهی اَموزشی	.۱۹
۱۶و۹۱/۱۲/۱۷	دانشگاه علوم پزشکی شاهرود	۱۶ ساعت	اخلاق حرفه ایی	٠٢٠.
٩١/٩/١۶	دانشگاه علوم پزشکی شاهرود	۶ ساعت	مهارت های ارتباطی	۲۱.
۹۱/۱۲/۲۸	دانشگاه علوم پزشکی شاهرود	۴ ساعت	جستجوی پیشرفته مقالات <mark>(مدرس)</mark>	.77
۹۲/۲/۵	دانشگاه صنعتی شاهرود	۸ ساعت	اولین کارگاه آموزشی و سمینار پدافند غیر عامل	۲۳.
٩٣/٠٧/٢٣	دانشگاه علوم پزشکی شاهرود	۴ ساعت	جستجوی منابع الکترونیک برای اعضا هیات علمی <mark>(مدرس)</mark>	.74
مرداد ۹۴	دانشگاه علوم پزشکی گرگان	۴ ساعت	جستجوی منابع الکترونیک برای دانشجویان در مدرسه تابستانه	.۲۵
			کمیته ها تحقیقات دانشجویی شبکه شمال کشور <mark>(مدرس)</mark>	
دی ۹۴	دانشگاه علوم پزشکی همدان	۲ ساعت	آشنایی با مفاهیم علم سنجی	.۲۶

# جوایز و افتخارات:

- ۱- رتبه اول در دو نیمسال تحصیلی ۸۸-۸۸ دانشکده پرستاری و مامایی همدان
- ۲- شاگرد دوم کلاس کارشناسی پرستاری دانشگاه علوم پزشکی رفسنجان ۱۳۸۹
- ۳- تقدیر از سوی ریاست بیمارستان مدائن برای برگزاری کلاس های اَموزش احیای قلبی ریوی پیشرفته ۱۳۹۱
  - ۴- اولین دانشجوی فارغ التحصیل ورودی مهر ۱۳۸۹ پرستاری از بین ۱۹ دانشجو (دفاع در ۴ ترم، تیر ۱۳۹۱)
    - ۵- استاد نمونه دانشگاه علوم پزشکی شاهرود در سال ۱۳۹۲
- ۶- تقدیر از سوی ریاست دانشگاه برای برگزاری پانزدهمین کنگره سالانه دانشجویان علوم پزشکی کشور شهریور ۱۳۹۳ شاهرود

# CURRICULUM VITAE MORTEZA SHAMSIZADEH, BSCN, MSCN, RN

#### PERSONAL INFORMATION

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#### **EDUCATION AND TRAINING**

Education

**School:** School of Nursing and Midwifery, Tehran University of Medical Sciences

Degree: MScN

Major: Medical-Surgical Nursing

**Dates:** 9/2010 - 8/2012

Thesis title Effects of a peer education on anxiety, cardiac self- efficacy and readmissions rate in

patients undergoing coronary artery bypass graft surgery: a randomized- controlled trial

Advisors Dr. Shokoh Varaei Ph.D, RN. Prof. Mohammad Ali Cheraghi, Ph.D, RN. Prof.

Naiemeh Seyedfatemi, Ph.D, RN. Dr. Naser Bahrani Ph.D.

School: School of Nursing and Midwifery, Rafsanjan University of Medical Sciences

Degree: BScN Major: Nursing

**Dates:** 9/2006 - 5/2010

#### PROFESSIONAL AND CLINICAL APPOINTMENTS

Position: Academic Advisor for Undergraduate International (Nigerians) Nursing Students Institution: School of Nursing and Midwifery, Hamadan University of Medical Sciences

Dates: 03/2021 – Present

Position: Academic Advisor for Undergraduate Nursing Students

Institution: School of Nursing and Midwifery, Hamadan University of Medical Sciences

Dates: 03/2017– Present

Position: Director – Student Research Committee
Institution: Hamadan University of Medical Sciences

Dates: 02/2017 - 07/2022

Position: Clinical Instructor

Institution: School of Nursing and Midwifery, Hamadan University of Medical Sciences

Dates: 01/2016 – Present

Position: Director – Student Research Committee

Institution: Shahroud University of Medical Sciences, Shahroud, Iran.

Dates: 02/2014 - 12/2015

Position: Academic Advisor for Undergraduate Nursing Students

Institution: School of Nursing and Midwifery, Shahroud University of Medical Sciences

Dates: 05/2013 - 12/2015

Position: Clinical Instructor

Institution: School of Nursing and Midwifery, Shahroud University of Medical Sciences

Dates: 09/2012 - 12/2015

Position: Registered Nurse – ICU

Institution: Madaen General Hospital, Tehran, Iran

Dates: 03/2011 - 09/2012

Position: Registered Nurse – ICU

Institution: Mehr General Hospital, Tehran, Iran

Dates: 09/2010 – 08/2011

#### **HONORS AND AWARDS**

- 1. Distinguished Mentor Award, Acknowledged by Dean of Education Development Center (EDC), Hamadan University of Medical Sciences (2021).
- 2. Global Highly Cited Researchers. Acknowledged by Clarivate Analytics (2020).
- 3. Academy graduate & mentor. 2020 Acknowledged by Web of Science<sup>TM</sup> (PUBLONS)
- 4. Distinguished Clinical Instructor Award, Acknowledged by Dean of Intensive Care Units, Besat Hospital, University of Medical Sciences (2019).
- 5. Top peer reviewer and Academy graduate & mentor. 2018 Acknowledged by Web of Science™ (PUBLONS)
- 6. High Cited Paper/ Top Paper. acknowledge by Dean of Vice Chancellor for Research, Hamadan University of Medical Sciences (2018).
- 7. Distinguished Researcher. Acknowledged by Dean of Vice Chancellor for Research, Hamadan University of Medical Sciences (2018).
- 8. Distinguished Clinical Teacher Award, Acknowledged by Dean of Vice Chancellor for Education, Shahroud University of Medical Sciences (2015).
- 9. Best Academic Advisor for Undergraduate Nursing Students at viewpoint of nursing students, Acknowledged by Dean of School of Nursing and Midwifery, Shahroud University of Medical Sciences (2014).
- 10. Distinguished Researcher. Acknowledged by Dean of Vice Chancellor for Research, Shahroud University of Medical Sciences (2014).
- 11. Appreciation Letter from Dean of Madaen Hospital due to CPR training (2011).
- 12. Top student (BScN), Acknowledged by Dean of School of Nursing and Midwifery, Rafsanjan University of Medical Sciences and School of Medicine (2010).

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#### **Editorials**

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- 74. Naderi M, Alizadeh S, Tabibian S, Hosseini S, Varmaghani B, **Shamsizadeh M,** Dorgalaleh A. Letter to the editor: Effect of Social Factors on the Highest Global Incidence of Congenital Factor XIII Deficiency in Southeast of Iran. 2015;18(5): 0.
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#### **BOOK CHAPTERS**

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#### **CONFERENCE PRESENTATIONS**

#### **Poster Presentation**

- 1. **Shamsizadeh M**, Sharifian P. The effect of self-centered open training of physical activities on the quality of life of hemodialysis patients: a clinical trial study. Presented at the National Aging Health Conference. Tehran, Iran. June, 2021.
- 2. **Shamsizadeh M**, Sharifian P. The effect of care-oriented group discussion on the burnout of caregivers of stroke patients. Presented at the National Aging Health Conference. Tehran, Iran. June, 2021.
- 3. Rahnama A, **Shamsizadeh M**, Salvati M, Mohammadi Y. The effect of planned training on the self-efficacy of patients with hypertension: a clinical trial study. Presented at the 19<sup>th</sup> Annual Research Congress of Iranian Medical Students, Hamadan, Iran, September, 2018.
- 4. Oliyaei I, Mezerji N, **Shamsizadeh M**. Are standard guidelines for blood transfusion used in patients with leukemia: a systematic review and meta-analysis. Presented at the 19<sup>th</sup> Annual Research Congress of Iranian Medical Students, Hamadan, Iran, September, 2018.
- 5. Roosaei Z, Sadeghi N, Azizi A, **Shamsizadeh M**. The effect of regular nursing rounds on the level of satisfaction with nursing care in surgical departments. Presented at the 19th Annual Research Congress of Iranian Medical Students, Hamadan, Iran, September, 2018.
- 6. Shamsizadeh M, Oshvandi Kh, Moaheditabar E, Mohammadi Y. The effect of video training on the comfort and satisfaction of patients undergoing coronary angiography referred to Farshchian Cardiovascular Training Center in 1395-1396. Presented at the 19th Annual Research Congress of Iranian Medical Students, Hamadan, Iran, September, 2018.
- 7. Abolhasani M, Talebi M, Mehravar F, Azmoon AH, **Shamsizadeh M**. Investigating the relationship between stress, anxiety and depression with emotion-oriented and problem-oriented coping methods in the companions of trauma patients referred to Imam Hossein Shahroud Hospital. Presented at the 17<sup>th</sup> Annual Research Congress of Iranian Medical Students, Kashan, Iran, September, 2016.

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- 9. Asgari H, Soheili H, Najafi M, Aminian N, Abolhasani M, Mehravar F, **Shamsizadeh M**. The relationship between happiness and general health in students of Shahroud University of Medical Sciences. Presented at the first national congress of students of health sciences in Mazandaran. April, 2014.
- 10. Khazaei Jalil S, Shamsizadeh M. Frequency and reporting of injuries caused by needle stick in surgeons of Shahroud University of Medical Sciences. Presented at the first national congress of students of health sciences in Mazandaran. April, 2014.
- 11. Khazaei Jalil S, Azmoon AH, **Shamsizadeh M**. The underlying causes of operating room personnel errors in surgeries in hospitals affiliated to Shahroud University of Medical Sciences. Presented at the first National Paramedical Student Congress in Sari. March, 2014.
- 12. Abolhassani M, Eftekhari N, Talebi M, **Shamsizadeh M**. Studying the knowledge and attitude of Shahroud University of Medical Sciences students towards food safety and health. Presented at the first National Paramedical Student Congress in Sari. March, 2014.
- 13. Abolhassani M, Eftekhari N, Talebi M, **Shamsizadeh M**. The relationship between public health and internet addiction in nursing students of Shahroud University of Medical Sciences. Presented at the first National Paramedical Student Congress in Sari. March, 2014.
- 14. **Shamsizadeh M**, Talebi M, Abolhassani M, Eftekhari N. Examining the pattern of eating habits, physical activity and its relationship with body mass index in students of Shahroud University of Medical Sciences. Presented at the first National Paramedical Student Congress in Sari. March, 2014.
- 15. Abbasi A, Hosseini SA, **Shamsizadeh M**, HekmatAfshar M. Comparison of patient's prognostic based on Madras Head Injury Prognostic Scale and Glasgow Outcome Scale in head trauma patients admitted in emergency ward of 5<sup>th</sup> Azar. Presented at the 6<sup>th</sup> Nurse, Midwife and Research Seminar. Golestan University of Medical Sciences, Gorgan, Iran. October, 2013.
- 16. Dehghani A, **Shamsizadeh M**. A new approach to team-based education: using a peer group. Presented at the educational institution in medical science education, Tehran University of Medical Sciences, Tehran, Iran. November, 2012.

#### **Oral Presentations**

- 1. **Shamsizadeh M**, Cheraghi MA, Seyedfatemi N, Talebi M, Varaei Sh. Effects of a peer education on anxiety in patients undergoing coronary artery bypass graft surgery: a randomized- controlled trial. Presented at the the first seminar on teaching and learning methods, North Khorasan University of Medical Sciences, Bojnord, Iran. April, 2014.
- 2. Khavasi M, Masroor M, Varaei V, Rezaei M, **Shamsizadeh M**. The effect of peer education on diabetes self-efficacy in patients with type 2 diabetes: a randomized clinical trial. Presented at the national conference on patients and care, Hamadan University of Medical Sciences, Hamadan, Iran. September, 2014.
- 3. **Shamsizadeh M**, Keshavarz S, Varaei Sh. Examining the effect of angiography familiarization tour on the level of anxiety and satisfaction of patients that candidate for coronary angiography. Presented at the 6<sup>th</sup> Nurse, Midwife and Research Seminar. Golestan University of Medical Sciences, Gorgan, Iran. October, 2013.
- 4. **Shamsizadeh M**, Cheraghi MA, Seyedfatemi N, Talebi M, Varaei Sh. The effect of peer education on the cardiac self-efficacy of patients who are candidates for coronary artery bypass surgery; a Clinical trial study. Presented at the 6<sup>th</sup> Nurse, Midwife and Research Seminar. Golestan University of Medical Sciences, Gorgan, Iran. October, 2013.
- 5. Dehghani A, **Shamsizadeh M**. Peer education is an approach to improve the quality of nursing care for patients with MS. Presented at the congress of healthy life and development of nursing and midwifery care. Bushehr University of Medical Sciences, Bushehr, Iran. February, 2012.

#### **SKILLS**

#### Soft Skills

- Passionate about learning and eager to teach
- Extremely coordinated and goal-directed
- · Maximizing the mentor-mentee relationship by understanding the dichotomy of expectations

- Excellent teamwork, team management and conflict resolution based on the statements provided by the student's and colleagues of mine
- Time management and punctuality
- Flexibility and adaptability regardless of the prestige of the project/position
- Friendly relationships with students and patients
- Good listener

#### **Laboratory Skills**

Basic information and hands on experience with common hematology tests

#### Computer Languages/ Environments

- Reference Manager (EndNote, Mendeley) (Intermediate)
- Graph pad prism (Beginner)
- Microsoft Office (Advanced in Word and PowerPoint)
- SPSS (Intermediate)

#### Research and Clinical Skills

- Scientific search skills (Advanced)
- Critical care nurse (Expert)
- Airway management (Intermediate)
- Clinical reasoning (Intermediate)
- Research management (Intermediate)
- English speaking/writing skills (Intermediate)
- Study design (Intermediate)
- Scientific writing (High intermediate)
- Statistical analysis and interpretation (Intermediate)
- Systematic review and meta-analysis (Intermediate)

#### **PROFESSIONAL SERVICES**

#### **EDITORIAL BOARD MEMBERSHIP**

Journal 1 Frontiers in Public Health, Frontiers

Start-End Dates 03/2022 – Present Role Associate Editor

Index ISI, Scopus, PubMed, Google Scholar

Journal 2 Frontiers in Psychiatry, Frontiers

Start-End Dates 03/2022 – Present Role Associate Editor

Index ISI, Scopus, PubMed, Google Scholar

Journal 3 Knowledge and Health, Shahroud University of Medical Sciences

Start-End Dates 07/2013 – 07/2015. Role Nursing Section Editor

Index Scopus, Google Scholar, Chemical Abstract, EBSCO

Journal 4 Avicenna Journal of Nursing and Midwifery Care, Hamadan University of Medical Sciences

Start-End Dates 02/2016 – 02/2019 Role Managing Editor

Index Scopus, Google Scholar, Chemical Abstract

Journal 5 Avicenna Journal of Nursing and Midwifery Care, Hamadan University of Medical Sciences

Start-End Dates 02/2016 – 02/2021 Role Associate Editor

Index Scopus, Google Scholar, Chemical Abstract

Journal 6 Pajoohan Scientific Journal, Hamadan University of Medical Sciences

Start-End Dates 08/2019 – 06/2022

Role Editor

Index Google Scholar, Chemical Abstract

#### VERIFIED PEER REVIEWS

- Academy graduate & mentor. 2020 Acknowledged by Web of Science<sup>TM</sup> (PUBLONS)
- Top peer reviewer and Academy graduate & mentor. 2018 Acknowledged by Web of Science™ (PUBLONS)

#### ISI Indexed Journals:

- **BMC Nursing** 1.
- 2. Patient Education and Counseling
- 3. Critical Care Research and Practice
- Complementary Therapies in Medicine 4.
- 5. European Journal of Oncology Nursing
- Explore: The Journal of Science and Healing 6.
- Iranian Journal of Nursing and Midwifery Research 7.
- International Journal of Hygiene and Environmental Health 8.
- International Quarterly of Community Health Education 9
- 10. Annals of the Academy of Medicine, Singapore
- Contemporary Clinical Trials Communications 11.
- 12. Multiple Sclerosis and Related Disorders
- 13. Electronic Journal of General Medicine
- 14. JMIR Public Health and Surveillance
- 15. Journal of Medical Internet Research
- 16. Mental Health, Religion and Culture
- 17. Nursing and Midwifery Studies
- 18. Journal of Religion and Health
- 19. International Wound Journal
- 20. Frontiers in Public Health
- 21. Technology in Society
- 22. Frontiers in Medicine
- 23. Transport Policy
- 24. Health Scope
- 25. Renal Failure
- 26. Data in Brief
- 27. Burns

#### Scopus, PubMed and Google Scholar Indexed Journals:

- 28. Journal of Advances in Medical Education & Professionalism
- 29. Perioperative Care and Operating Room Management
- 30. Journal of Shahrekord University of Medical Sciences
- 31. Journal of Complementary and Integrative Medicine
- 32. Avicenna Journal of Nursing and Midwifery Care
- The Journal of Community Health Research
- 34. BEAT: Bulletin of Emergency and Trauma
- 35. Iranian Journal of Rehabilitation Research
- 36. Journal of Clinical Nursing and Midwifery
- 37. Razavi International Journal of Medicine
- 38. Iranian Journal of Psychiatric Nursing 39. Iranian Journal of Pediatric Nursing
- 40. Journal of Relationships Research
- 41. The Journal of nursing education
- 42. Journal of Nursing Education
- 43. Pajouhan Scientific Journal
- 44. Koomesh
- 45. HAYAT
- 46. BioMed

#### TRAINEES / MENTEES

#### Nursing Students (MSc)

Name	Years	Role	Current Status
Marjan Kordi	2020-2022	Supervised and mentored clinical research projects	Registered nurse at Besat Hospital

Mohadese Jamehbozorg	2019-2021	Supervised and mentored clinical research projects	Registered nurse at Sina Hospital
Nahid Kamalvand	2019-2021	Supervised and mentored clinical research projects	Registered nurse at Alimoradian Hospital
Afsaneh Hosseini	2019-2021	Supervised and mentored clinical research projects	CCU nurse Farshchian Heart Center
Nazanin Gholami	2019-2021	Supervised and mentored clinical research projects	CCU nurse Farshchian Heart Center
Soheila Shadi	2018-2020	Supervised and mentored clinical research projects	Maternity nurse at Fatemiyeh Hospital
Masoumeh Kheradmandian	2018-2020	Supervised and mentored clinical research projects	ICU nurse at Beheshti Hospital
Sepideh Radfar	2017- 2019	Supervised and mentored clinical research projects	Nurse supervisor at Beheshti Hospital
Laleh Almasi	2017- 2019	Supervised and mentored clinical research projects	Clinical instructor at Uromiyeh University of Medical Sciences
Assadollah Dabestani	2017- 2019	Supervised and mentored clinical research projects	Emergency nurse at Tohid Hospital
Fariba Mirzajani Latomi	2016-2018	Supervised and mentored clinical research projects	Emergency nurse at Golsar Hospital
Akbar Rahnama	2016-2018	Supervised and mentored clinical research projects	Staff at hospital at Ghazazi Hospital
Ehsan Movaheditabar	2016-2018	Supervised and mentored clinical research projects	Nurse supervisor at Ghazazi Hospital
Reza Mohammadpour Hodki	2016-2017	Supervised and mentored clinical research projects	Clinical instructor Mashhad University of Medical Sciences
Mohammad Zolfaghari	2014-2016	Supervised and mentored clinical research projects	ICU nurse at Shariati Hospital
Mohammad Khavasi	2014-2016	Supervised and mentored clinical research projects	Clinical instructor at Dezful University of Medical Sciences

Nursing Students (BSc) and Medical students

Name	Years	Role	Current Status
Ali Fathi Jouzdani	2018-2022	Supervised and mentored clinical research projects	6th year MD student at Hamadan University of Medical Sciences
Motahareh Bagheri	2020-2022	Supervised and mentored clinical research projects	6th year MD student at Hamadan University of Medical Sciences
Pegah Sharifian	2017-2019	Supervised and mentored clinical research projects	Ph.D Student Iran University of Medical Sciences
Zahra Bagheri	2017-2020	Supervised and mentored clinical research projects	Registered nurse at Mehr Hospital
Zahra Maghsoudi	2019-2021	Supervised and mentored clinical research projects	Ph.D Student at Hamadan University of Medical Sciences
Monir Afshar	2019-2021	Supervised and mentored clinical research projects	Epidemiologist (BSc) at Hamadan Health Center
Mohammad Imanipour	2013-2015	Supervised and mentored clinical research projects	MSc and Registered nurse at Namazi Hospital
Moussa Abolhasani	2013-2015	Supervised and mentored clinical research projects	Epidemiologist (BSc) at Beheshti University of Medical Sciences
Negin Eftekhari	2014-2015	Supervised and mentored clinical research projects	MSc and Registered nurse at Social Welfare and Rehabilitation University
Saeid Khazaei Jalil	2013-2015	Supervised and mentored clinical research projects	Surgical Technologist at Alborz Hospital

## **COMMITTEE SERVICE**

## National

Event:

 $2^{nd}$  Avicenna Research and Technology Student Festival Hamadan University of Medical Sciences, Hamadan, Iran / Director Committee Name/Role:

Dates of Service: December 2019 Event: 19th Annual Research Congress of Iranian Medical Students

Committee Name/Role: Hamadan University of Medical Sciences, Hamadan, Iran / Director

Dates of Service: September 2018

Event: 1st Avicenna Research and Technology Student Festival

Committee Name/Role: Hamadan University of Medical Sciences, Hamadan, Iran / Director

Dates of Service: December 2018

Event: 15th Annual Research Congress of Iranian Medical Students

Committee Name/Role: Shahroud University of Medical Sciences, Shahroud, Iran / Director

Dates of Service: September 2014

#### **TEACHING ACTIVITIES**

Date: Fall 2016- 2022

Location: Hamadan University of Medical Sciences

Courses: Clinical Instructor at ICU, emergency departments, health assessment,

home care nursing, critical care nursing, emergency nursing, nervous system

fundamental of nursing, health history and physical examination, dysrhythmias, liver and gallbladder, male reproductive problems,

chronic neurologic problems, musculoskeletal system, nursing care in critical care settings

Date: Fall 2012- 2016

Location: Shahroud University of Medical Sciences

Courses: Clinical Instructor at CCU, emergency departments, health assessment,

Information Technology (IT) for nursing student, critical care nursing, emergency nursing,

nervous system, search in research databases, patient's transformation

fundamental of nursing, health history and physical examination, coronary artery disease, dysrhythmias, liver and gallbladder, male reproductive problems, acute intracranial problems, chronic neurologic problems, musculoskeletal system, nursing care in critical care settings

#### **REFERENCES**

- Dr. Shokoh Varaei, M.Sc., Ph.D. RN. Associate Professor of Nursing, Department of Medical Surgical Nursing, School of Nursing & Midwifery, Tehran University of Medical Sciences, Tehran, Iran. <a href="mailto:shvaraei@gmail.com">shvaraei@gmail.com</a>
- Dr. Nahid Dehghan-Nayeri, M.Sc., Ph.D. RN. Professor of Nursing, School of Nursing and Midwifery, Tehran University of Medical Sciences, Tehran, Iran. <a href="mailto:cheraghiali2000@yahoo.com">cheraghiali2000@yahoo.com</a>

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