

Curriculum Vitae (CV)



Personal details and contact information.

Name: Farshid Shamsaei – MSc, Psychiatric Nursing; *PhD, Professor of Nursing*

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Education

Year	Degree	Institution	Location
2012	Ph.D.	Tarbiat Modares University	Tehran; Iran
1994	MSc	Tehran University of Medical sciences	Tehran; Iran
1987	BS	Kermanshah University of Medical Sciences	Kermanshah; Iran

PROFESSIONAL EXPERIENCE

Year	Institution	Degree
1994-present	Hamadan University of Medical Sciences (UMSHA) ¹	Professor
2014-present	International Branch (UMSHA) ¹	Vice Chancellor for Education
2011-2014	School of nursing & Midwifery ¹	Head of Psychiatric nursing department
2010-present	Behavioral Disorders & Substance Abuse Research Center ¹	Researcher
2010-present	Member of Mother & Child Care Research Center ¹	Researcher
1989-1994	khotam hospital (open heart unit) ²	Clinical Nurse

1. Hamadan University of Medical Sciences; Hamadan; Iran.

2. Tehran; Iran.

TEACHING EXPERIENCE

University

School of nursing & Midwifery; Hamadan University of Medical Sciences; Hamadan; Iran

A. BSc of Nursing Courses

- Mental health, Psychiatric Nursing

B. MSc of Nursing Courses

- Nursing research, group therapy, family therapy, child & adolescences psychiatric nursing, elderly psychiatric nursing. Psychopharmacology and nursing care

C. Ph.D. of Nursing Courses

- Qualitative research, nursing theories, nursing education

RESEARCH INTERESTS

- ✓ Mental Health, Psychiatric Nursing
- ✓ Nursing Education
- ✓ Qualitative and Quantitative Research

PUBLICATIONS

Book

1- Shamsaei F. Mental health and Psychiatric Nursing. Hamedan: Hamedan University of Medical Sciences Press: 1997; (Persian)

Journals

1. M Nabavian, F Cheraghi, F Shamsaei, L Tapak, A Tamaddoni. The psychosocial challenges of mothers of children with thalassemia: A qualitative study. Journal of Education and Health Promotion 11 (1), 37.
2. A Akbari, F Shamsaei, E Sadeghian, M Mazdeh, L Tapak. Effect of progressive muscle relaxation technique on self-esteem and self-efficacy in multiple sclerosis patients: A clinical trial study. Journal of Education and Health Promotion 11 (1), 8.
3. M Taheri, F Shamsaei, L Tapak, E Sadeghian. Evaluation of Anxiety, Hope and related factors in Patients with Type 2 Diabetes. Scientific Journal of Nursing, Midwifery and Paramedical Faculty 7 (2), 60-71.

4. L Taheri, F Shamsaei, L Tapak, E Sadeghian. Treatment Adherence in Patients with Mental Illnesses: The Effect of Stigma and Spirituality. *Archives of Psychiatry and Psychotherapy* 4, 32-45
5. F Mohammadi, K Oshvandi, F Shamsaei, F Cheraghi, M Khodaveisi. The mental health crises of the families of COVID-19 victims: a qualitative study. *BMC family practice* 22 (1), 1-7
6. A Afshari, SR Borzou, F Shamsaei, E Mohammadi, L Tapak. Perceived occupational stressors among emergency medical service providers: a qualitative study. *BMC Emergency Medicine* 21 (1), 1-8
7. M Ghadermazi, F Shamsaei, L Tapak, E Sadeghian. Investigation of ethical reasoning and related factors in nursing students of Hamadan University of Medical Sciences in 2020. *Journal of Nursing Education (JNE)* 10 (2)
8. A Afshari, SR Borzou, F Shamsaei, E Mohammadi, L Tapak. Emergency Medical Service Providers' Perception of Health-Threatening Stressors in Emergency Missions: A qualitative Study. *Ethiopian Journal of Health Sciences* 31 (3)
9. MJS Noveiri, F Shamsaei, M Khodaveisi, Z Vanaki, L Tapak. The concept of coping in male spouses of Iranian women with breast cancer: A qualitative study using a phenomenological approach. *Canadian Oncology Nursing Journal* 31 (3), 322
10. S Yazdi-Ravandi, DM Arezooji, N Matinnia, F Shamsaei, M Ahmadpanah, Complexity of information processing in obsessive-compulsive disorder based on fractal analysis of EEG signal. *EXCLI journal* 20, 462
11. R Rezaeian Langroodi, M Ghiasian, M Roozbehani, F Shamsaei. Comparison of the Effectiveness of Yoga and Psychotherapy group Therapy Based on Acceptance and Commitment on Fatigue and Quality of Life of Multiple Sclerosis Patients. *Avicenna Journal of Nursing and Midwifery Care* 28 (4), 63-73
12. E Sadeghian, F Pourmoradi, F Shamsaei, L Tapak. Effect of group counseling on the attitude among the family caregivers of patients with mental disorders. *Archives of Psychiatry and Psychotherapy* 2020; 3, 61-68.
13. F Shamsaei, MG Holtforth. Development and psychometric testing of the stigma assessment tool for family caregivers of people with mental illness. *East Asian Archives of Psychiatry* 2020; 30 (3), 73.
14. S Yadollahifar, A Sadeghi, F Shamsaei. The relationship between rumination and sleep quality in patients with major depressive disorder. *Shenakht journal of psychology & psychiatry* 2020;7 (2), 26-36.
15. Khodayar Oshvandi, Farshid Shamsaei, Fateme Cheraghi. The Mental Health Crises of the Families of COVID-19 Victims: A Qualitative Study.
16. F Shamsaei, N Tahour, E Sadeghian. Effect of Stress Management Training on Stigma and Social Phobia in HIV-Positive Women. *Journal of the International Association of Providers of AIDS Care (JIAPAC)* 2020.19:
17. F Feizy, E Sadeghian, F Shamsaei, L Tapak. The relationship between internet addiction and psychosomatic disorders in Iranian undergraduate nursing students: a cross-sectional study. *Journal of Addictive Diseases* 2020;38 (2), 164-169.

18. F Shamsaei, S Yaghmaei, M Haghighi. Exploring the lived experiences of the *suicide attempt* survivors: a phenomenological approach. *International journal of qualitative studies on health and well-being* 2020;15 (1): 1745478.
19. F Kalhori, SZ Masoumi, F Shamsaei, Y Mohammadi, M Yavangi. Effect of mindfulness-based group counseling on depression in infertile women: clinical trial study. *Int J Fertil Steril*, 2020; 14 (1)
20. MJS Noveiri, F Shamsaei, M Khodaveisi, Z Vanaki, L Tapak. Coping Assessment Tools in the Family Caregivers of Patients with Breast Cancer: A Systematic Review. *Breast Cancer: Targets and Therapy*, 2020; 12, 11
21. F Shamsaei, M Baanavi, ZM Hassanian, F Cheraghi. The Impact of Addiction on Family Members Mental Health Status. *urrent Drug Research Reviews Formerly: Current Drug Abuse Reviews* 2019; 11(2): 129-134.
22. N Novinmehr, M Hasanpour, M Salsali, N Mehrdad, M Qorbani, Older adults' self-advocacy in patient safety: a cross-sectional study. *British Journal of Nursing* 2019; 28(16): 1076-1084.
23. N Maleki, E Sadeghian, F Shamsaei, L Tapak, A Ghaleiha. Comparative Analysis of Spouse's Burden and Quality of Life in Major Depressive Disorder and Bipolar I Disorder. *Current Psychiatry Reviews* 2019;15(3): 193-198.
24. F Shamsaei, H Kazemian, F Cheraghi, M Farhadian. The effect of family teaching on depression, anxiety and stress in caregivers of patients received electroconvulsive therapy. *The Journal of Mental Health Training, Education and Practice* 2019;
25. F Shamsaei, Z Shokohi, M Farhadian, E Sadeghian. Comparison of Social Skills of Primary School Children With and Without Parents With Mental Disorders. *Avicenna Journal of Nursing and Midwifery Care* 2019;27 (2), 97-106.
26. F Shamsaei, MM Daraei, H Aahmadinia...The relationship between sleep habits and mental health in Iranian elementary school children. *Sleep Science* 2019; 12(2):94.
27. F Shamsaei, E Ashtarani, M Meschi, F Ashtarani. The effect of oral health education through role playing on health behavior of educable mentally disabled boy students in Hamadan. *Journal of Nursing Education* 2019; 7 (1), 11-20.
28. F Shamsaei, A Maleki, F Shobeiri, F Soltani, F Ahmadi, G Roshanaei. The relationship between general health and coping style with perceived stress in primigravida healthy pregnant women: Using the PATH model. *Women & health* 2019; 59 (1), 41-54.
29. E Sadeghian, P Rostami, F Shamsaei, L Tapak. The effect of counseling on stigma in psychiatric patients receiving electroconvulsive therapy: A clinical trial study. *Neuropsychiatric Disease and Treatment* 2019;15, 3419.
30. F Shamsaei, F Nazari, E Sadeghian. The effect of training interventions of stigma associated with mental illness on family caregivers: a quasi-experimental study. *Annals of general psychiatry* 2018; 17 (1), 1-5.
31. K Oshvandi, M Safari, M Gholyaf, A Moghim-Beygi, F Shamsaei, ... Comparison the effect of high flux and low flux dialyzer on quality of life in hemodialysis patients; a clinical trial. *Journal of Renal Injury Prevention* 2018; 8 (2), 98-105.
32. S Yazdi-Ravandi, F Shamsaei, N Matinnia, J Shams, A Moghimbeigi, ... Cognitive Process in Patients With Obsessive-Compulsive Disorder: A Cross-Sectional Analytic Study. *Basic and clinical neuroscience* 2018; 9 (6), 448.

33. F Shamsaei, H Ahmadiania, M Seif, A Khalili. Sleep Habits of Primary School Students of Nahavand City From the Point of View of Parents. *Qom University of Medical Sciences Journal* 2018; 12 (8), 78-85.
34. Yazdi-Ravandi, F Shamsaei, N Matinnia, A Moghimbeigi, J Shams, Executive functions, selective attention and information processing in patients with obsessive compulsive disorder: A study from west of Iran. *Asian journal of psychiatry* 2018; 37, 140-145.
35. F Shamsaei, S Yaghmaei, E Sadeghian, L Tapak. Survey of stress, anxiety and depression in Undergraduate Nursing Students of Hamadan University of Medical Sciences. *Iranian Journal of Psychiatric Nursing* 2018; 6 (3), 26-31.
36. S Yazdi-Ravandi, N Matinnia, F Shamsaei, M Ahmadpanah, J Shams, ... Experiences of Interpersonal Relationships in Patients with Obsessive-Compulsive Disorder: A Qualitative Study in Iran. *Pertanika Journal of Social Sciences & Humanities* 2018; 26 (3)
37. J Malakouti, M Mirghafourvand, H Salehi Pour Mehr, F Shamsaei, ... Maternal worries and their relationship with coping strategies in pregnant women referring to health centers in Hamadan. *Journal of hayat* 2018;24 (1), 35-47.
38. F Shobeiri, A Maleki, F Shamsaei, F Soltani, F Ahmadi, G Roshanaei. The psychometric properties of the Iranian version of revised prenatal coping inventory (Nu PCI) in healthy pregnant women: a confirmatory factor analysis. *Journal of Psychosomatic Obstetrics & Gynecology* 2018;39 (2), 105-111.
39. E Sadeghian, M Nezafatdoost, L Tapak, F Shamsaei. Effect of medication education on drug adherence with mental disorders: a clinical trial study. *Iranian Journal of Psychiatric Nursing* 2018;
40. S Yazdi-Ravandi, H Akhavanpour, F Shamsaei, N Matinnia, ... Differential pattern of brain functional connectome in obsessive-compulsive disorder versus healthy controls. *EXCLI journal* 2018; 17, 1090.
41. F Cheraghi, F Shamsaei, A FAYYAZI, FM Yeganeh, G Roshanaei. Comparison of the quality of sleep and intensity of headache between migraine, tension headache, and healthy children. *Iranian journal of child neurology* 2018; 12 (4), 45.
42. F Soltani, A Maleki, F Shobeiri, F Shamsaei, F Ahmadi, G Roshanaei. The limbo of motherhood: Women's experiences of major challenges to cope with the first pregnancy. *Midwifery* 2017; 55, 38-44.
43. F Shamsaei, R Zolfagharjo, F Cheraghi, G Zamani. Effects of Social Skills Training on Social Interactions of Children with Epilepsy. *Iranian Journal of Psychiatry and Behavioral Sciences* 2017;11 (4)
44. Y Hamidi, F Shamsaei, M Beglari, Z Toosi, M Farhadian. The Relationship between the Organizational Conflict and the Depression in the Faculty Members of Hamadan University of Medical Sciences in 1396. *Iranian Journal of Ergonomics* 2017;5 (3), 29-35.
45. F Cheraghi, Z Rostaie, M Asgari, F Shamsaei, L Tapak. The effect of training of parental role on mothers' attitude with children aged 1-5 years with respect to children'abuse. *Iranian Journal of Health Education and Health Promotion* 2017; 5 (3), 182-190.
46. S Yazdi-Ravandi, Z Taslimi, A Ghaleiha, M Azhdarloo, F Shamsaei. Knowledge and attitude in Hamadan University of Medical Sciences students toward AIDS: A cross-sectional study from west of Iran. *International Clinical Neuroscience Journal* 2017;4 (3), 103-106.

47. F Shamsaei, F Yousefi, A Sadeghi. Relationship Between Emotional Intelligence and Self-Esteem in Bachelor Students of Nursing and Midwifery Schools in Hamadan. *Avicenna Journal of Neuro Psycho Physiology* 2017;4 (1), 19-24.
48. E SADEGHIAN, Z MOHAMMADI, F SHAMSAEI. Relationship between stress and communication patterns of mothers with educable mentally retarded children. *AVICENNA JOURNAL OF NURSING AND MIDWIFERY CARE* 2017; 25(3): 53-67.
49. A Abbaszadeh, M Torabi, F Borhani, F SHamsaie. The place of ethics education in nursing in Iran. *Bioethics Journal* 2016; 5 (17), 117-146.
50. F Shamsaei, F Mosivand, A Bikmoradi, A Moghimbeigi. Effect of Problem-Solving Skill Application on Social Adaptation in Post-Hysterectomy Women Adaptation. *Iranian Journal of Psychiatric Nursing* 2016;4 (1), 56-63.
51. A Rahimi, M Ahmadpanah, F Shamsaei, F Cheraghi, DS Bahmani, Effect of adjuvant sleep hygiene psychoeducation and lorazepam on depression and sleep quality in patients with major depressive disorders: results from a randomized three-arm *Neuropsychiatric disease and treatment* 2016; 12, 1507.
52. F Shamsaei, F Cheraghi, G Zamani. Comparing mental health of school-age children with and without epilepsy. *Iranian journal of child neurology* 2016;10 (3), 35.
53. S Yazdi-Ravandi, Z Taslimi, F Shamsaei, A Ghaleiha, S Salemi Shakoory, ... Knowledge and attitudes toward AIDS among students of Hamadan university of medical sciences, 2015: Comparison between medicine, nursing and paramedical Faculty. *Pajouhan Scientific Journal* 2015; 14 (1), 22-29.
54. F Shamsaei, F Cheraghi, S Bashirian. Burden on family caregivers caring for patients with schizophrenia. *Iranian journal of psychiatry* 2015; 10 (4), 239.
55. F Shamsaei, F Cheraghi, R Esmaeilli. The family challenge of caring for the chronically mentally ill: A phenomenological study. *Iranian journal of psychiatry and behavioral sciences* 2015;9 (3)
56. F Cheraghi, F Shamsaei, SZ Mortazavi, A Moghimbeigi. The effect of family-centered care on management of blood glucose levels in adolescents with diabetes. *International journal of community based nursing and midwifery* 2015;3 (3), 177.
57. F Shamsaei, F Cheraghi, M Dehghani, L Jahangard. Comparing mental health of school-age children of parents with/without bipolar disorders: A case control study. *Avicenna Journal of Neuro Psycho Physiology* 2015;2 (2), 44-48.
58. Farshid Shamsaei , Reza Safi Arian , Fatemeh Cheragh , Mohammed Ahmadpanah. A COMPARISON OF PSYCHOLOGICAL STATUS OF PATIENTS PRE AND POST CORONARY ARTERY BYPASS GRAFT SURGERY. *Russ J Cardiol* 2015, 4 (120), Engl.: 9–14.
59. F Shamsaei, SMK Kermanshahi, Z Vanaki, MR Hayatbakhsh. Experiences of Family Member Caregiver of Patients with Bipolar Disorder. *Asian Journal of Psychiatry* 2011; 4: S48.
60. F Shamsaei. . Survey of mental health needs of Hamedanian people. *International Journal of Psychology* 2008; 43 (3-4).
61. F Cheraghi, F Shamsaei. Prevalence of insomnia of nursing and midwifery students. *International Journal of Psychology* 2008;43 (3-4).

62. F Shamsaei, A Rahimi, K Zarabian. Cognitive therapy alone and combined with pharmacotherapy in the treatment of depression. *International Journal of Psychology* 2008;43 (3-4).
63. F Shamsaei, F Cheraghi. Depression in first trimester of pregnancy. *Bipolar Disorders* 2008; 10
64. AR Rahimi, A Ghaleiha, F Shamsaei, MK Zarabian. Survey of the Effective Methods of Decreasing Demands of Narcotic Substances from the Viewpoint of Hamadan People. *Avicenna Journal of Clinical Medicine* 2007;13 (4), 43-47.
65. F Shamsaei, F Cheraghi. The prevalence of depression in diabetes patients. *BIPOLAR DISORDERS* 2006; 8, 51-52.
66. F Shamsaei, F Cheraghi. Parents personality characterized of schizophrenic patients. *EUROPEAN PSYCHIATRY* 2005;20, S85-S86.
67. F Shamsaei, F Cheraghi. Effects of home psychiatric nursing care in patients with schizophrenia disorder. *Acta Psychiatrica Scandinavica* 2004;110, 20-21
68. A Ghaleiha, AR Rahimi, N Matinnia, F Shamsaei, MK Zarrabiyan, Survey of birth season in schizophrenic patients hospitalized in Sina hospital of Hamedan city between. *Population* 365 (2), 120-123.

CONFERENCE PRESENTATIONS

- 1- Fifth Nursing Academic International Congress Khon Kaen – Thailand December 2002
“Attitudes of nursing student toward psychiatric patient”
- 2- Fertility 2003 Aberdeen - Scotland July 2003
“Comparison of psychological problems in infertile and fertile woman”
- 3- 1st Asia Pacific Institute of Addictions Singapore June 2004
“Survey of addict’s psychological characteristics”
- 4-3rd International research and development conference “clinical practice-research and development in nursing; Aarhus, Denmark August 2004 **“Effect of psychiatric nursing home care in schizophrenia”**
- 5-NephroAsia 2004 Singapore 9-12 February. **“The study of depression in renal dialysis patients.”**
- 6- World psychiatric association international congress. 2006; Istanbul-Turkey- **“Parents personality characterized of schizophrenic patients.”**
- 7- Ninth international congress of behavioral medicine. November 29-December 2, 2006; Thailand. **“Prevalence of depression in diabetes patients.”**

8. 2nd Global congress for qualitative health research. University Cattolica. Milan June 28-30, 2012 **“Experiences of family member caregiver of patients with bipolar disorder”**
10. XVI congress world of psychiatry. 14-18 September. Madrid – Spain. **“COMPARISON OF PSYCHOLOGICAL STATUS BEFORE AND AFTER CORONARY ARTERY BYPASS GRAFT”**
11. The 14th European Congress of Psychology University of Milano-Bicocca, Italy Milan, 7-10 July, 2015. **“Effects of sleep hygiene education on sleep in patients with non - psychotic depression.**
12. 15th European congress of psychology 2017 Amsterdam. **“The e effects of social skills training on the social interactions of child with epilepsy”**
13. The 31st international congress of psychology July 2016 Japan “Mental health disorders in school age children with epilepsy”

<https://www.researchgate.net/profile/Farshid-Shamsaei>

<https://scholar.google.com/citations?user=Rp6leN4AAAAJ&hl=en>

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